

NEWSLETTER

SUDLEY AREA RESIDENTS' ASSOCIATION

A charitable incorporated organisation, registered charity no. 1190529

SARA Hall, Rundle Road, Aigburth, Liverpool L17 0AQ

Telephone: 0151 726 0805 Email: secretary@sudley.org.uk January 2026 Issue 52



SARA QUIZ NIGHT

Our quiz night will be held on **Friday 15th May 2026** at **7pm**. Tickets are **£5** each and the maximum team size is 6 people. Call **0151 726 0805** for tickets. Feel free to bring your own refreshments. Tea and coffee will be available.

SARA ANNUAL GENERAL MEETING

Our AGM this year will be incorporated into the cinema evening on **Friday 26th June 2026**. The meeting will start promptly at **7pm** followed by our June cinema evening.

WEDNESDAY MORNING SESSIONS

Funzo's Phonics with Paul: Blast off into reading! Our playful phonics classes for nursery-aged children spark early literacy through fun, movement and silly sounds. With adventures and hands-on fun, little learners build confidence in blending, segmenting, and letter recognition-perfect for curious minds and active learners! Book online at www.funzosphonics.com

HALL AVAILABILITY

SARA Hall has availability for a new session on Wednesdays (5pm - 7pm). We have a varied calendar throughout the week and would be delighted to hear from anyone looking for a new venue to hold their weekly classes or activities. Please call **0151 726 0805** for details.

SARA COMMUNITY CINEMA

7pm on the following Fridays

**23rd Jan, 27th Feb, 27th Mar, 24th Apr,
22nd May, 26th Jun, 24th Jul, 25th Sep,
23rd Oct and 27th Nov 2026**

Cinema evenings are **FREE** to attend and refreshments will be on sale during the interval. *(Please note we do not accept coins of less than £1.)* For details of upcoming films, check the noticeboard at SARA Hall or call SARA on **726 0805**



HALL TIMETABLE

visit www.sudley.org.uk for updates

Monday

09:15 - 10:15 Nicola Parker Pilates
10:45 - 11:45 Salsacise Gold
13:30 - 15:30 Gordon Brown's Art Class
17:30 - 19:00 Beginners/Intermediate Yoga (Carole Griffith)
20:00 - 21:00 Nicola Parker Pilates

Tuesday

10:00 - 12:00 Physiotherapist-Led Exercise Class
13:30 - 15:30 Tea Dance
17:30 - 19:00 Menopause Yoga (Sian Lincoln)
19:30 - 21:30 Wu Shu Kwan Kung Fu

Wednesday

10:00 - 12:00 Funzo's Phonics with Paul
14:00 - 16:00 Local History with Alan Makin
19:30 - 20:30 Sudley Sings

Thursday

09:30 - 11:30 Coffee Morning
13:00 - 14:30 Chair Yoga (Carole Griffith)
16:00 - 16:50 Drama Adventures for ages 4/5+
17:00 - 18:00 Drama Creators for ages 7+
19:00 - 20:30 Yoga (June Bradshaw)

Friday

10:00 - 10:45 Mossley Hill Children's Centre Active Play
13:30 - 14:30 Book Club (2nd Fri. of month)
14:00 - 15:00 SARA Trustees Meeting (1st Fri. of month)
18:00 - 19:00 Councillors Surgery (4th Fri. of month - Not Dec)

Session Contacts:-

All Pilates sessions contact Nicola Parker on 07913 668599
Salsacise Gold contact Amy Murray on 07507 015227
Gordon Brown's Art Class contact Gordon on 07808 669655
Yoga with Carole Griffith call 07748 260353
Physio-led exercise email physio@southliverpoolphysio.co.uk
Tea Dance contact Valerie Jefferies on 07860 178101
Menopause Yoga email sirayogaliverpool@gmail.com
Wu Shu Kwan Kung Fu contact Steve Bishop on 07525 032511
Funzo's Phonics book online at www.funzosphonics.com
Local History contact Alan Makin on 07847 934546
Sudley Sings email sudleysings@gmail.com
Drama Adventures/Creators email info@teenytinytheatre.org
Yoga with June Bradshaw call 07772 892353
Mossley Hill Children's Centre call 07849 300061
For any other enquiries, leave a message on 0151 726 0805

DAY TRIPS

WEDNESDAY 11th MARCH 2026

BOUNDARY OUTLET COLNE

*Coach leaves at 9am Cost £18
(booking on 18th February)*

SATURDAY 25th APRIL 2026

SALTAIRE VILLAGE

*Coach leaves at 9am Cost £20
(booking on 4th April)*

WEDNESDAY 20th MAY 2026

HARROGATE

*Coach leaves at 8.30am Cost £20
(booking on 29th April)*

WEDNESDAY 24th JUNE 2026

LLANGOLLEN

*Coach leaves at 9am Cost £18
(booking on 3rd June)*

THURSDAY 16th JULY 2026

LLANDUDNO

*Coach leaves at 9am Cost £18
(booking on 25th June)*

THURSDAY 20th AUGUST 2026

GARSTANG & BARTON

GRANGE

*Coach leaves at 9am Cost £18
(booking on 30th July)*

SATURDAY 26th SEPTEMBER 2026

SKIPTON

*Coach leaves at 9am Cost £18
(booking on 5th September)*

WEDNESDAY 21st OCTOBER 2026

SHREWSBURY

*Coach leaves at 9am Cost £18
(booking on 30th September)*

DISCLAIMER: The publishers accept no responsibility for misinformation or incorrect spelling therein. All articles and information are accepted on individual merit and in good will.

HOW TO BOOK

Bookings open at **midnight** on the booking date listed for each trip - **not before**. To book, please phone SARA Hall on **0151 726 0805**. We will need to know how many seats you require and a contact number. If you are booking for more than yourself, you are expected to handle payment for everyone in your party. A maximum of **four seats** can be booked per call. Confirmation of your booking will be given by telephone. **Our preferred payment method is by bank transfer** we also accept cash. **All payments are non-refundable.**

IMPORTANT NEW BANK DETAILS

Account Name: **Sudley Area Residents Association**

Sort Code: **53-70-44**

Account Number: **85464406**

Please use your **surname** as a payment reference.

In the event you are unable to make payment by bank transfer, we will accept cash payments. Please place cash in a sealed envelope with the names of those you are booking for and the amount of cash enclosed written clearly on the front. Cash can be handed in at SARA Hall on **Thursday mornings (9.15am-11.15am)** or at the start of our **Cinema Evenings (6pm-7pm)**. Please **do not** leave money at SARA Hall at times other than these.

**COACHES LEAVE PROMPTLY FROM AIGBURTH ROAD
(Lay-by outside St Anne's Church)**

Kindly note that seats are available by advance booking only. We regret that we are unable to accommodate anyone who arrives on the day of the trip without a prior booking.

SARA MEMBERSHIP

If you receive our newsletter through your letterbox, you live in the Sudley Area. If you aren't already a member, it would be great if you would sign up. SARA membership is **FREE** and there's no requirement for you to do anything other than send an email with your name, address and phone number to **secretary@sudley.org.uk** If you don't have an email address, you can also leave a message on our answerphone **0151 726 0805**.

MEMBERSHIP UPDATES: If you are a SARA member and have moved house, changed your telephone number or your email address, please do let us know.

MEMBERS' CODE OF CONDUCT: We've recently introduced a members' code of conduct. This is available to download in the policies section of our website.