

SUDLEY AREA RESIDENTS' ASSOCIATION

SARA Hall, Rundle Road, Aigburth, Liverpool, L17 0AQ
Registered Charity No. 508950



Newsletter

issue no. 18 - August 2009

SARA Hall Karate Club



SARA Hall Karate club, over the past year has gone from strength to strength. All of the children who attend are enjoying themselves so much that many go twice a week, Monday and Thursday from 5.30pm - 6.30pm.

Recently many of the children attended the Triangle Karate club in Everton for their gradings. Everyone did extremely well and the children have now achieved, Orange, Red and Yellow belts. Well done everyone!

Kelton in Bloom



The Kelton in Bloom gardening competition is now in its third year. With 25 entries across four categories (Porch, Planted Container, Hanging Basket and Garden) the standard was very high. The three judges pictured above (PCSO Karen Sherman, SARA Chairman Steven Kearney and David Taylor) had a tough job marking all of the entries, especially as the morning set aside to judge was also one of the wettest of the year! Winners of the four categories will be notified over the next couple of weeks.

SARA Coffee Morning and Recruitment for Classes

Wednesday 12th August 2009 at SARA Hall from 10.30 am to 1.00 pm.

Come along and see what classes will be on offer in the autumn. We hope to have representatives of the providers on hand to answer any questions you may have about the classes and there will be an opportunity to express your interest in joining a particular class or group.

So please, do come along and join us for a coffee/tea and a chat about the activities that take place in the Hall.
If you just can't make it then check out Page 4 to see what is on offer for the autumn.

Summer Activities for Young People

Hip Hop Dance Sessions for 11-17 year olds. Wednesdays from 5th August 2009 4 - 5pm for 8 weeks

Arts & Crafts for 5 - 11 year olds. Thursdays 2 - 4pm from 6th August for 4 weeks

These activities are part of the Partnership Diversionary events organised and funded by SARA, Kelton Park Residents' Association, Contour Housing and Merseyside Police.

Pavilion Pre-School (Aigburth) Celebrating 40 Years

Pavilion Pre-School would like to thank everyone at SARA for their donation of £150 for art and craft equipment. The children have enjoyed painting, gluing, print making, craft and lots more creative activities.

We would also like to thank everyone who attended our summer fair and all the helpers without whom it would not have been possible. We raised £200 which we will use to buy books and toys for the children.

We hope everyone has a lovely summer and we will see you all in September. x



Sudley Area Residents' Association

SARA was formed 32 years ago by local residents as a focus for environmental issues in the area. As many of you will be aware, the Association is now involved in so much more; running a very busy community centre, running day trips and holidays, sitting on various other networks and groups, taking the lead in planning and environmental issues, running the Youth Recognition Awards, the list goes on and on. In recent months we have also been in discussion with Liverpool City Council to create a satellite Children's Centre at SARA Hall to fill the gaps in the current timetable. As the Association grows, so does everything else, the financial outlay, the running expenses, time etc. one thing that also increases is the liability directed on the Trustees.

As an unincorporated board, should any financial burden arise that goes over and above the reserves held by SARA or the various insurances held, the Trustees become individually liable for the remainder. All the Trustees are volunteers, they work tirelessly for the Association and give their time freely. We have many controls in place to ensure that all avenues are covered but in this modern age where often a first thought is legal action, we have taken the decision to form a company Limited by Guarantee, this will then be re-registered as the charity. The board of Trustees will remain in overall control. The cost implications to do this are considerable but as a responsible board, we feel it necessary to safeguard the future of the Association.

Passport to Liverpool

As part of Adult Learners' Week, we held a special screening of the film "Passport to Liverpool". The event was sponsored by the Workers' Educational Association.

Passport to Liverpool is a 50 minute film with an interesting take on what is unique about Liverpool and its people. Using interviews with ex Dockers, ex seafarers, academics, retired street traders and Joe public, it explores the various characteristics that have contributed to forming Liverpool's identity. A strand running through the film is the river pilot John Curry bringing an ACL container ship into Gladstone Dock. The film keeps cutting back to observe its progress and it brings home to the audience the highly dangerous waterway that is the River Mersey and highlights the skills needed to navigate it. Given the city's history as a major seaport second only to London at one point in its history, it is surprising to know that it is such a difficult place to berth.

We were particularly pleased to have one of the film's producers, Dave Cotterill, with us who, for half an hour, took questions from the floor. The reaction to the film was very positive and discussion could certainly have gone on a lot longer.

A note of thanks

The Trustees would like to say a very big "Thank You" to Fran Skyner for all her hard work looking after SARA Hall over the last ten years.



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SARA AGM

The SARA AGM was held on Friday 15th May, as with previous years, there were no new nominations for the officer positions so the existing officers were re-elected to post. Residents had an opportunity to address questions to SARA as well as to the Police and the local Councillors. No questions were raised but there were a couple of contributions from the floor praising and thanking the Trustees for the efficient manner in which the association is run.

Your Community Matters

The latest Your Community Matters meeting for Mossley Hill was held at SARA Hall on 29th June. The meeting was well attended by local residents and representatives from various agencies including Highways, Police, Councillors, Environmental Services, Youth, PCT and many others. All issues raised were logged and have been taken away by the relevant party to look into. These will be looked at over the course of the next three months and a follow up meeting should be held locally some time in September / October.

YOUTH RECOGNITION AWARDS

The grant-making arm of Sudley Area Residents' Association (SARA), registered charity no.508950

The awards have now been in operation for more than twelve months and we have provided grants totalling £890 for individuals and group projects in and around the local area.

Applications for the next round close on 30th September 2009.

Application forms can be downloaded from our website at

<http://www.sudley.org.uk/yraapply.html>

or alternatively,

please call 0151 726 0805 and leave a message on our answerphone.



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SARA DAY TRIPS

Bury Market

Only a short journey - an hour door-to-door - makes Bury Market always a popular trip. The market continues to thrive and with over 100 stalls there is something for everyone. The town itself is well worth a visit being compact and easy to get around. The market leads into a shopping mall with all the usual high street names so there is good shopping available apart from the market. On our way in we noticed a sizeable building project in progress which appeared to be another shopping area. It will be interesting to see this completed - perhaps next year. The raffle raised £45 for SARA's Charity.

Skipton

May 11th was a really pleasant day of bright sunshine, only marred by the cool east wind that kept temperature down. SARA's annual trip to Skipton was once again a really good day out. It did seem however, that for whatever reason, the usually excellent market was a little thin on stalls. This could be a result of the credit crunch and stallholders going out of business or the other end of the spectrum and they were all on holiday in Florida! Still, there is always plenty to see and do in Skipton other than the attraction of the market. A trip on the canal, an antiques fair at the Town Hall or some interesting small shops in the arcade and there are numerous places to eat around the town. The raffle raised £48 for SARA's Charity.

Trentham Estate

Our June trip took us the "Trentham Estate" (previously Trentham Gardens) near to Stoke on Trent in Staffordshire. The estate covers some 200 acres containing beautiful Italian gardens, an attractive lake, a monkey forest, a large garden centre. and a shopping village. There are almost a dozen eating places with a variety of food and prices to suit all tastes. It is now possible to view the whole of the estate from a giant observation wheel at a small charge. It was a little disappointing this year to find that the lakeside walk was only accessible through the gardens for which a charge is made. All enjoyed the trip, the weather was kind (no rain). The raffle raised £42.50 for SARA's Charity.

Shrewsbury

Wednesday the 8th July dawned to reveal grey skies and drizzle when an intrepid group of traveller's set off by coach from SARA Hall on a day trip to Shrewsbury. The group of 48, well equipped with brollies, macs and anoraks were optimistic that the English weather would be kind to them - and it was! Our coach driver was kind and took the scenic route thinking he would be saving us from the rain, but the day brightened up and some of us even managed to sit in the sun for a short time after lunch. On arrival at Shrewsbury our first priority was morning coffee. After that we took advantage of the wide range of options the town had to offer. We found various routes into the centre of the town, getting sidetracked by the shops en route. Lunch was enjoyed at a variety of eateries including restaurants, snack bars and pubs. Then we had time to see the sights - some of the group enjoyed the castle and the museum while others walked down towards the river. Of course others found shops to tempt them. By 4.30 pm we were all making our way back to the coach tired and happy with our purchases and memories of another successful day trip and thanks to the organisers from the SARA committee.

The on board raffle raised £42.50.

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Dear All

*We had a cultural party in our Liverpool
That lasted for a year, which was really cool
It kicked off at St. George's Hall, a good old scousers do
With Ringo on the roof and celebs on the plateau*

*Phil, with his volunteers and ambassadors in tow
Got our celebrations off the rails and fit to go
Like our Grand Aintree races we were famous globally
And our Capital of Culture opened with the people key
A shipshape new arena echoed loud around the docks
With The Farm and others belting out their rock and pop
Soon other talent would converge waiting to emerge
Even Cilla came to town for one last little splurge*

*Emilia de Liverpool turned out to be de gear
Inside a Small Concert Room with wine instead of beer
And Sir Simon rattled with his Berlin Philharmoniker
Later to be followed by a host of famous monikers*

*Like our Paul McCartney who came Anfield bound
With his ukulele and music that was "sound"
He was an Evertonian by birth or so he said
But he wasn't that averse to playing at the Red's*

*Ben Johnson didn't wish to paint the town red
As he finished a Cityscape from his artistic head
And down at the Tate hung out Gustav Klimt's
Art exhibition if by now you weren't skint.*

*Down at The Everyman in Hope Street der
Was our Peter playing mad King Lear
But if something nautical grabbed your taste
Upon the river Mersey was The Tall Ships Race*

*Meanwhile a trail of cheeky Superlambananas
Became more famous than our comedies and dramas
We Superloved our Lambies, adults and the kids
Till they were sold for charities to get a needed quid*

*Our Capital of Culture ended with Transition
Leaving us to ponder a most important mission
The Grass Roots of our culture are here everyday
The people of this city, unique in every way*

*In Liverpool and Merseyside new grass is sown to grow
Of a gifted talent that we shall come to know
And this grass should not be cut, but nurtured to be great
So we shall grow in stature, beyond 2008!*

Sydney F Smith

The above poem by local poet and artist, Sydney F Smith was one of 5 shortlisted in the over 18's section of a competition funded by DaDa Disability and Deaf Arts to find Liverpool People's Poem 2009.

travel counsellors



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What's On For The Autumn

All classes look forward to welcoming new recruits and, of course, previous participants.

WEA Classes

Painting and Drawing for All

Tutor: Gordon Brown

Monday's 1.45 - 3.45 pm starts 21st September 2009

Fee: £57 or Free to eligible learners*

Novelty Cake Decoration

Tutor: Julia Taylor

Tuesday's 10.00 am - 12 noon starts 15th September 2009

Fee: £57 or Free to eligible learners*

Acrylic Painting

Tutor: Steven Strode

Thursday's 2.30 - 4.30 pm starts 17th September 2009

Fee: £57 or Free to eligible learners*

Georgian Liverpool: 1760-1814

Tutor: Heather Butler

Fridays 1.30 - 3.30 pm starts 18th September 2009

Fee: £57 or Free to eligible learners*

* Free places are usually available to learners who meet LSC criteria for full remission. In general terms, eligible learners are either in receipt of a means-tested benefit, or are dependent on someone who is. Please check with the WEA on 243 5340 if you are unsure about your eligibility.

Music for Pleasure

Tutor Betty Roberts

Wednesdays 10.30 am - 12.30 pm starts 30th September

Fee: £40

Contact the Hall on 726 0805 and we will put you in touch with the tutor.

The following activities take place throughout the year

Belly Dancing

Intermediate level Sundays 6.30 - 8.00 pm

Beginners on Monday's and Tuesday's 8.00 - 9 pm

£4 per session

Contact Kathy Cheung c/o SARA Hall on 726 0805



Junior Karate

Monday's & Thursday's 5.30 - 6.30 pm

£3 per session

Contact John O'Neill on 07590309462

Adult Karate

Monday's 6.30 - 7.30 pm

£4 per session

Contact John O'Neill on 07590309462

Tea Dance

Tuesday's 1.30-3.30 pm

(Currently unable to take new recruits)

Liverpool Pilates

Tuesday & Thursday Evenings and Friday mornings

Sessions must be booked in advance

Contact Sarah Johnson on 0151-724 2060 or www.liverpoolpilates.co.uk

YOGA (Beginners Welcome)

Wednesday's 6.30 - 8.00 pm

£5 per session

Contact: Phillipa Bellis 727 3133

Liverpool Tai Chi Club

Wednesday's 8.15 - 10.00 pm

(not first Wednesday of the month)

£4 per session

Contact: Thomas Conlan 476 6913

Self-Help Craft Groups - No Tutor

Card Making

Wednesday's 1.00 - 3.00 pm

Contact: 726 0805

Charge dependent on numbers

General Craft

Thursday's 9.30 - 11.30 am

Contact: 726 0805

£1 per session

Free Family Events at Sudley House

BUTTERFLY WORKSHOP on Saturday 15th August - 1-4pm
Be inspired by "A SUNNY CORNER" by Frederic Leighton and create your own butterfly out of a variety of materials to take away.
Audience: over 5's
Booking: Drop-in, no ticket required.

WINDMILL WORKSHOP on Saturday 29th August - 1-4pm

Join us on the last Saturday of every month for our new fun family workshops. First up is a windmill workshop inspired by Thomas Creswick's painting "THE WINDMILL".
Audience: over 5's
Booking: Drop-in, no ticket required.

SUDLEY STORYTELLING on Friday 28th and Saturday 29th August, Saturday 26th September - 1, 2 and 3pm

Join us on a fun storytelling adventure and find out more about the collections, the Holt family and the Victorian period.
Audience: over 5's.
Booking; Collect a ticket on the day.



BINOCULAR WORKSHOP on Saturday 26th September 1-4pm

Why not get up close and personal with nature in this month's fun workshop? Decorate your own pair of binoculars and then put them to good use by exploring Sudley's wonderful grounds.

Audience: over 5's
Booking: drop-in, no ticket required.

IT'S PARTY TIME AT S.A.R.A. HALL

Hold your children's parties at SARA from £25 for 2 hours and £6 for each additional hour thereafter

726 0805

sorry, no bouncy castles!

Diary Dates

CINEMA CLUB

2009 dates Fridays 28th August; 25th September; 23rd October; 27th November and 11th December.

TABLE SALES

SARA will be holding table sales on Saturdays 15th August; 19th September; and 17th October.
Our Festive Table Sale will be on 21st November.

Are you moving house or just having a clear out? Why not book a table (£7) payable at the time of booking, to sell your unwanted possessions. Call 0151 726 0805 for further details on how to book a table.

Pop in for a coffee and grab yourself a bargain.

FESTIVE EVENING

Friday 4th December, 2009. Look out for posters in the Hall and local shops.

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Wed: 9.00am - 5.00pm	Sat: 8.00am - 4.00pm

**No Appointment Necessary
Children Always Welcome**



SARA WORKING WITH MERSEYSIDE POLICE

I would like to take this opportunity to introduce myself to the community of the Mossley Hill ward area. My name is Steve Rice and on Monday 29th June I replaced Inspector Bob Daly as the Neighbourhood Inspector responsible for your Neighbourhood Policing team.

I am not new to the area, I have worked in the neighbourhood as a Sergeant since April 2007, and therefore I have a good knowledge of the area and the problems that affect you and your community. I have been involved in tackling the public priorities raised by the community, namely Anti Social behaviour, Parking, Speeding and Youth Provision and have achieved some success since these priorities were agreed.

I attended the latest Your Community matters event at SARA hall on the 29th June and was surprised to hear Anti Social behaviour is still a big issue in and around Aigburth Vale. According to our figures Anti Social behaviour is down 27% compared to this time last year and I have seen a visible reduction of youths congregating on the streets, especially since the Dispersal Order was put in place. However, you reside in the area and notice these issues more than I do. I would like you to continue to highlight these issues to us at the time they occur via telephone, e-mail or good old-fashioned word of mouth. Please do not wait until the next community event to tell us about your problem. I cannot do anything about an issue I am not aware of.

I will continue to deploy the speed indicator devices in areas where complaints of speeding have been received and will ensure speed enforcement takes place to target peak offending times.

The issue of parking particularly in the area of Barkhill Road continues to be raised by local residents'. This is an ongoing issue that we continue to deal with on a daily basis. Neighbourhood officers have issued fixed penalty notices for offences including obstruction and recently two cars were seized for obstructing residents' driveways. We will continue to work with our partner agencies in an effort to find a solution to the problem.

Last year I organised a number of diversionary activities for local youths. Hundreds of youths were given the opportunity to take part in canoeing, sailing, climbing and mountain biking. The events were a huge success and I am continually asked by those who took part if we have plans for this year. I am in the process of organising similar activities for this summer and hope they meet with the same enthusiasm from local youths as last year. I will ensure the community is aware of the events planned and how to register to take part.

I am committed to creating a safer place for you to live and intend to devote my time and effort and deploy all resources at my disposal to reduce crime, the fear of crime and improve the quality of life experienced by you and your families.

For further information on policing in your local neighbourhood please visit www.merseyside.police.uk

Pilates at The Physiotherapy Centre

The medical world is becoming familiar with the benefits of the pilates method for the prevention and rehabilitation of back injuries. To assist in reducing the recurrence of backpain, it is essential to exercise the deep postural muscles.

The Physiotherapy Centre has Pilates Trained Physiotherapists and Body Control Pilates teachers available Monday- Saturday to teach private sessions, small group sessions and pilates classes.

A private session is essential prior to class attendance to help understand the basic principles behind the exercises.

Please call 0151 724 2060 to book your appointment or visit www.thephysiotherapycentre.com

* FREE PILATES OPEN NIGHT AT THE PHYSIOTHERAPY CENTRE, WED 19TH AUGUST 7-9PM, Based at LA Fitness Gym, Rose Lane, Mossley Hill - ALL WELCOME *



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MY DREAM COME TRUE - Joan Hill

Since I was a little girl I have always supported Everton Football Club as my father did. Both my husband and my son support Liverpool so we have a friendly rapport with each other. Last year I was 70 and on my birthday I was given an Everton mug and inside it, to my surprise I found a piece of paper which read: Everton Football Match, 26th April, 2008, Happy Birthday.

For the first time in my life I was going to see my beloved Everton play at their ground. Having never been to a football match before I was really excited, but alas it didn't happen, as John, my son had to go away on business.

Now my story really begins, on the 19th April 2009; John rang me at 10 am and said "Mum, how do you fancy going to Wembley? I'll pick you up at 12 o'clock." Can you imagine what I felt like, there was I thinking I was going to church with my sister and suddenly discovering that I could go and see my beloved Everton play Manchester United in the F.A. Cup semi-final.

At 12 o'clock John arrived in a Mercedes car to take me on my dream journey. I felt like the Queen sitting there, although John reminded me that the Queen doesn't sit in the front.

We arrived at Wembley two minutes before the match started and made our way to our wonderful seats, then the real excitement started. I now felt like a real supporter, standing up, sitting down, shouting and singing (not my usual quiet self) the adrenaline really kicked in. At the end of the game the score was 0-0. Penalties! What a nightmare.

I have an Everton scarf, which Tony, my husband bought for me many Christmases ago. Being a Liverpool supporter he said this was one of the most embarrassing things he has ever done, going into the Everton Supporters' shop, (oh the shame). I was obviously delighted with it and when the match went to penalties I put the scarf over my eyes! As far as I'm concerned this is now a worthwhile part of history 4-2, oh what joy! Everybody was hugging each other. I have never experienced anything like it, so many people ever so happy. So now Everton are in the Cup Final against Chelsea and I'm still on cloud nine. I know I will never forget my belated 70th birthday present, such a fantastic day which will live with me forever.

This was the song the supporters were singing and I joined in:

"Tell me ma to put the champagne on ice

We're coming to Wembley twice."

All that is left for me to say is "Good luck Everton".

Editor's note: Unfortunately Joan's good luck wishes were not enough to spur Everton on to victory, but here are some lovely pictures of the Wembley final.



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DAY TRIPS 2009 - CUT OUT AND KEEP

The final three days trips are still to take place and bookings are invited. These may be made by telephone to 726 0805 (answerphone) on or after the booking dates given below. Please leave your name and telephone number and the number of seats required and we will get back to you to confirm your booking.

Trips during 2009 have now been finalised as follows:-

<i>Date</i>	<i>Destination</i>	<i>Cost</i>	<i>Booking Date</i>
Wednesday 16 September	Mold and Llandudno	£ 9	(from 26 August)
Friday 30 October	The Trafford Centre	£ 8.50	(from 9 October)
Wednesday 2 December	Bury Market	£10	(from 11 November)

SARA Hall Weekly Events

Monday

Painting and Drawing for All (21st Sept start)	1.45pm - 3.45pm	Tai Chi £4 per class (except for first Wed of each month)	8.15pm - 10.00pm
Karate (age 5+ Boys & Girls)	5.30pm - 6.30pm	Committee Meeting (First Wed of each Month)	8.15pm - 9.15pm
Karate for Adults £4 per class	6.30pm - 7.30pm		
Belly Dancing (Beginners) £4 per class	8.00pm - 9.00pm		

Tuesday

Novelty Cake Decoration (15th Sept start)	10.00am - 12.00pm	Acrylic Painting (17th Sept start)	2:30pm - 4:30pm
Tea Dance £2 per session	1.30pm - 3.30pm	Karate (age 5+ Boys & Girls)	5.30pm - 6.30pm
Pilates (Call 0151-724 2060 for details)	6.30pm - 7.30pm	Pilates (Call 0151-724 2060 for details)	7.00pm - 9.00pm
Belly Dancing (Beginners) £4 per class	8.00pm - 9.00pm		

Wednesday

Music For Pleasure (30th Sept start)	10.30am - 12.30pm	Pilates (Call 0151-724 2060 for details)	9.30am - 10.30am
Craft/Card making (23rd Sept start)	1.00pm - 3.00pm	Local History Class (18th Sept start)	1.30pm - 3.30pm
Yoga £5 per class	6.30pm - 8.00pm		

Thursday

Craft £1 per class 9.30am - 11.30am

Acrylic Painting (17th Sept start) 2:30pm - 4:30pm

Karate (age 5+ Boys & Girls) 5.30pm - 6.30pm

Pilates (Call 0151-724 2060 for details) 7.00pm - 9.00pm

Friday

Pilates (Call 0151-724 2060 for details) 9.30am - 10.30am

Local History Class (18th Sept start) 1.30pm - 3.30pm

Sunday

Belly Dancing (Intermediate) 6.30pm - 8.00pm

SARA Newsdesk: newsdesk@sudley.org.uk • 0151-726 0805

Disclaimer: The publishers accept no responsibility for misinformation or incorrect spelling therein. All articles, adverts & information are accepted on individual merit & in good will.