



Liverpool In Bloom



Julie Kearney



Arthur Fryer

Competition Winners

In our spring newsletter, we asked for artwork of any kind for the theme "Liverpool in Bloom". Our panel of judges selected this stunning image by Julie Kearney as the adult winning entry. In addition, we also asked you for interesting and unusual photos of wildlife in the Aigburth area with a prize for the best submission. A photograph of the Heron recently spotted in Aigburth taken by Arthur Fryer was considered the most unusual entry by our judges. Prizes are on their way to both our winners.

All entries will be on display in SARA Hall on 16th August between 10:30 and 1pm.

Ash Surgery Update

Firstly, it should be noted that all proposed developments regarding the relocation of the Ash Surgery are at a very early stage of discussion and it will be approximately 2 years before any move is finalised. For the surgery to be included in these discussions, it was necessary for them to express an interest in one of the proposed sites by the end of May. Carol Reid, Practice Manager of the Ash Surgery, has confirmed that they have expressed an interest in a site at Booker Avenue.

The South Liverpool Primary Care Trust are investigating the possibility of acquiring land at Booker Avenue although the site has not yet been approved for future healthcare buildings and no plans have been drawn up. A formal consultation process will be undertaken by the South Liverpool PCT with all stakeholders/interested parties prior to any move. Details of the scheme will be presented to the South Liverpool PCT Board in September 2006.

The surgery is currently undertaking a questionnaire, copies of which can be obtained from the practice.

Kelton Grange

Kelton Grange Nursing Home is closing within the next twelve months if not before.

The Residents families are fighting the closure. The 28 bedded nursing home has been in the present purpose built home for fifteen years having moved over from the 'Big House' Old Kelton when the Nugent Care Society took over from the Sisters of the Sacred Heart. The Residents of Kelton Grange will all have to be found new homes. The old building, part of which is listed, is derelict at the moment and people are wondering what will become of it and the Kelton Grange site? We will keep you informed of developments.

SARA Coffee Morning and Recruitment For Classes

SARA Will be holding a Coffee Morning on Wednesday 16th August 2006 between 10:30am and 1pm at SARA Hall. The Coffee Morning will be an opportunity to speak with representatives from Knowsley Community College and the WEA to register your interest in new classes starting in September. We hope to also have representatives from some of our other groups who use the hall throughout the week.

Now in its ninth edition the SARA newsletter team are always looking for exciting, community based issues to feature in the publication.

We would always welcome articles, photographs and general items such as events and notifications, so if you have anything of interest to put forward, please don't hesitate!

Once again we would heartily like to thank everyone who helps put the SARA newsletter together and to everyone who helps distribute the newsletter to over 2,500 households in the Sudley area, without whom this would not be possible.

If you are a youth leader or hold activities for young people and would like to let people know about your activities and events, the newsletter is ideal for this. It's published three times a year, is local and is free, don't hesitate to use it!

We would also like to thank all the small businesses who advertise in the newsletter as this is how we fund the printing of 3,000 copies three times a year.

If you are a budding journalist, photographer or graphic designer, we can also offer you work experience in putting the publication together, just contact us via email or by phone and I'm sure we could use your help.

As this is a multi cultural community, we would also welcome information on events and activities that might be occurring within the community. Religious, cultural, music, art and sporting activities are all welcome to be featured within the newsletter, just let us know at:

newsdesk@sudley.org.uk or drop us a line to the SARA Hall, corner of Rundle Road, Aigburth

newsdesk@sudley.org.uk

Once again thank you all for your help and input.

The Newsletter Team

ADVERTISING SPACE

Limited advertising space is currently available in the SARA Newsletter. We will happily design an advert based on your specifications. Our standard advert charge is

£45

(Approx Size 90mm x 55mm)
Please call 0151 726 0805 or email newsdesk@sudley.org.uk

Sudley House Update

Sudley House is undergoing major changes which will provide greater levels of access to all. The house will benefit from a new lift installation to give access to the upper level galleries.

When the doors re-open in 2007, the original Victorian grandeur of Sudley House will be evident in the original historic interiors of the ground floor and the fabulous Art Collection of George Holt will once again grace the walls of the house. Artwork includes works by Gainsborough, Turner, Reynolds and Landseer.

There will be an introductory display providing visitors with the history of Sudley House and a new learning area will provide groups and schools with the opportunity to see what goes on behind the scenes at Sudley House and to hear more about the Family, the Sudley Estate and the Collection.

The biggest areas of change to Sudley House will be the introduction of a Temporary Exhibition Gallery and a Historic Costume and Fashion Gallery. This will give Sudley the ability to change displays more than ever before. The first Historic Costume display will be based on a collection of clothes from the Holland Family, former residents of Carnatic Hall which was situated next to the Sudley Estate and is now home to Liverpool University Halls of Residence.

There's exciting developments at Sudley House for children, two new childhood rooms will open on the upper floor and child friendly activities throughout the house will provide an interesting and friendly environment.

Thanks to Robin Emmerson, Curator of Decorative Art at National Museums Liverpool for taking time to talk to S.A.R.A. about these great developments at Sudley.

SARA Craft Club

Come along and join our happy band of crafters on a Thursday morning from 9-30am until 11-30am. You can do your own thing, work at your own pace - knit, sew, embroider, make cards, crochet have a chat and a cuppa all for a £1.

SARA AGM

SARA held their AGM on Friday 12th May 2006. The main focus of the AGM was the proposed developments of the Ash Surgery in Ashfield Road. Doctor Paul Johnson (Ash Senior Partner) and Carol Reid (Ash Practice Manager) attended the meeting to give an overview of proposals and answer questions from concerned residents. Councillor Ron Gould was also in attendance to give the viewpoint of Liverpool City Council.

The Members of the SARA Executive Committee retire annually at the AGM but are eligible for re-election. There being no new nominations for the role of Chair, Executive Secretary or Treasurer, the existing officers were re-elected for a further year.

Chair: Peter Urmston

Executive Secretary: Steven Kearney

Treasurer: Ray Brown



We had a very good turnout for the AGM recently



Fundraising Update

SARA are working hard raising funds for Zoe's Place we would still welcome donations of good condition paperback books to maintain our Zoe's Place Bookstall. The bookstall will be in the hall during our Coffee Morning on Wednesday 16th August between 10:30am and 1pm, all are welcome to call in.

Sportsmans Dinner

19th October 2006

Venue: Marquee Suite, Goodison Park

Dave Watson (Former EFC)

Alan Kennedy (Former LFC)

Plus guest Comedian

£32 per ticket includes 4 course meal

Tel: 0151 2280353

Email: penny@zoe's-place.org.uk

All proceeds go to Zoe's Place Baby Hospice

Registered charity number: 1092545

Bargain Booze

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Aigburth People's Hall

New Function Room Now Available for Hire, including Saturdays
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New Members Always Welcome

Aigburth People's Hall is a Members' Social Club based in Aigburth Vale, we provide a convivial atmosphere for a quiet drink and the opportunity to meet old friends or perhaps make new ones or maybe a friendly game of Bingo (on selected nights)

Our Concert Room has Good Professional Entertainment each Saturday Night (usually free of charge)

The APH also run many teams, Active Crown Green Bowling Green on site for Ladies & Gentlemen

All Age Groups are Catered for!

Very Competitive Bar Prices • Why not come along and see what we offer You May Just Enjoy It!!!

A.P.H. Aigburth Vale, Tel: 0151-727 3357

Pavilion Pre-School - Aigburth



A big thank you to everyone who supported our Summer Fair recently. A fabulous day was had by all and the weather was kind too.

Also, thanks to everyone who has supported us in our many fund raising activities throughout the year, such as sponsorship for the Mums, Dads and young children who participated in sporting activities etc. Also to all the families who participated in our Annual Riverside Walk from the Otterspool to the Britannia and back. Well done to all those young children who walked the whole way! Have a nice Summer Holiday Everyone! See You All In September!



Beat the Goalie at Pavilion Summer Fair 2006

SARA Trips

The trip to Bakewell in June went well despite the inclement weather, some of us made it to the Cattle Market (not many left now). Plenty of eating and drinking to keep out of the rain. A few turns around the market and the purchase of Bakewell Puddings (tarts) to bring home.

The trip to Frodsham and Chester went off very well too. There were plenty of bargains to be had at Frodsham Market then on to the lovely City of Chester where you are spoilt for choice for shops, eateries or a trip on the River.

Coach Outings 2006

So far this year we have had coach outings to Bury Market, Sandbach and Bridgemere Garden Centre, Bakewell, Frodsham Market, Chester, and Skipton. The trips continue to be popular and enjoyable.

Future outings have been arranged for :-

Wed 23 August 2006 Oswestry Market and Shrewsbury

Wed 20 September 2006 Mold Market and Llandudno

Thursday 26 October 2006 Trafford Centre

Bookings for each trip will be taken from the 1st of the month in which they are taking place. Watch for reminder posters at the SARA Hall and in local shops. Bookings can be made by ringing the Hall on 726 0805 (Answerphone) and leaving your name and telephone number or by contacting a committee member.

MERSEYSIDE PLACE NAMES AND THEIR MEANINGS

AIGBURTH - Oak Hill first used 1200

ALLERTON - Village with alders - 1220

BOOTLE - Dwelling - 1086

CHILDWALL - The Children's stream - 1212

GARSTON - Big stone

GATEACRE - Field by a gate *

SPEKE - Brushwood *

TOXTETH - Toki's landing place *

WAVERTREE - Shaking tree *

WOOLTON - Wulfor's village *

* Old Norse

Information from Local History classes held at SARA Hall

Date For Your Diary

Festive Evening

Friday 1st December 2006

Look out for posters in the Hall and local shops.

TABLE SALES AT SARA HALL

Saturday 9th September 2006 at 10.30 am

Saturday 21st October 2006 at 10.30 am

Christmas Table Sale

Saturday 18th November 2006 at 10.30 am

To book a table phone 726 0805

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Opening Hours

Mon: 9.00am - 5.00pm

Thurs: 8.00am - 6.00pm

Tues: 9.00am - 5.00pm

Fri: 8.00am - 6.00pm

Wed: 9.00am - 5.00pm

Sat: 8.00am - 4.00pm

**No Appointment Necessary
Children Always Welcome**

Adult Learning

LOOKING BACK

Since last September SARA Hall has hosted a wide-ranging programme of learning opportunities for adults. Changes in the way adult education is funding severely restricted the free programme offer from Knowsley Community College through its L.I.N.C. programme. Only two courses started in the autumn. On Wednesday mornings a First Aid course initially attracted only a small but enthusiastic group. However, a few new students were recruited for the Health Awareness module which started at Easter.

A much larger group have enjoyed the computer sessions on Friday mornings with some students taking the new C.L.A.I.T (Computer Literacy and Information Technology) accreditation.

In February the Workers' Educational Association (WEA) booked the Hall to run a fee paying Painting class. So impressed was the WEA with the facilities at the Hall that they subsequently offered a couple of other classes - Digital Photography and Local History. Both courses proved popular. On this occasion the courses were offered free to the students as tasters. A programme of fee-paying courses will be on offer from September.



As well as courses offered by adult education providers, Phillipa Bellis has independently continued her Yoga classes on Wednesday evenings and the Liverpool Tai Chi Club has met on Thursday evenings. Two Craft groups have continued to meet without the services of a tutor. On Wednesday afternoons a group make greetings cards and a larger and more general craft class meet on Thursday mornings. There is also an opportunity to learn a few new steps at the weekly Tea Dance held on Tuesdays and family swimming sessions at I.M. Marsh are run on Wednesdays from 7.00 – 9.00 pm.

All in all a varied and lively programme of learning has taken place over the year and hopefully this will continue and develop this autumn.

A Coffee Morning and Recruitment Session will be held on Wednesday 16 August 2006 from 10.30 am to 1.00 pm. This will be an opportunity to discuss the autumn programme of courses with representatives of Knowsley Community College and the WEA. The programme of courses cannot be confirmed unless there is sufficient interest so please do try to come along. If, however, you are unable to attend the coffee morning, please do contact the College and/or the WEA to register your interest.



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Did You Know?

THE HISTORY OF SCOUSE

Scouse was brought to Liverpool by Northern European sailors, it was originally called Labskause. This was finally shortened to Skause and over time the spelling changed to the more Anglicised version we have today, scouse.

The people who ate scouse were generally sailors and their families and eventually all sailors within Liverpool were referred to as Scousers. Time has now taken its turn and everyone from the region of Liverpool is known as a Scouser.

Scouse holds a place in the heart of most Liverpoolians as the taste of their home town and is still regularly eaten today by a great number of families.

There are records showing that it was also served to the inmates of the Birkenhead workhouse way back in 1864. The recipe was much simpler than today's refined version but was predominantly the same staple ingredients – meat, vegetables and potatoes.

Blind scouse was a variation on the recipe and was eaten by the poorer people as it was cheaper to make because it did not contain meat.

Word Play

Archimedean screw

noun - A device invented by Archimedes for raising water by means of a helix rotating within a tube

At SARA Hall

WHAT'S ON OFFER FOR THE AUTUMN

KNOWSLEY COMMUNITY COLLEGE L.I.N.C. COURSES

EUROPEAN COMPUTER DRIVING LICENCE (ECDL)

Wednesdays 9.15 am – 12.15 pm start date to be confirmed

Fee: £93 over 3 terms or £36.50 if on means tested benefit (includes exam fees)

COMPUTER LITERACY AND INFORMATION TECHNOLOGY (CLAIT)

Fridays 9.15 – 11.15 am start date to be confirmed

Free – but examination fees payable

DIGITAL PHOTOGRAPHY, DESKTOP PUBLISHING AND COMPUTER MAINTENANCE

30 weeks day and start date to be arranged

Fee: £49 or £14.50 if on means tested benefit

For further details and enrolment contact: Mark Carragher at Knowsley College on 0845 155 1055

WEA COURSES

COMPLEMENTARY THERAPIES

10 mtgs. Mondays 9.30-11.30 am starting 25 September 2006

Fees: £63.00 (£53.00) (£7.00)

WATERCOLOUR PAINTING – Gordon Stewart

10 mtgs. Mondays 2.00 – 4.30 pm starting 25 September 2006

Fees: £78.75 (£66.25) (£10.00)

DIGITAL IMAGES – Paul Jones

10 mtgs. Tuesdays 10.00 am – 12.00 noon starting 26 September 2006

Fees: £63.00 (£53.00) (£7.00)

DRAWING CLASS – Stephen Strode

10 mtgs. Thursdays 2.15 – 4.15 pm starting 28 September 2006

Fees: £63.00 (£53.00) (£7.00)

LOCAL HISTORY – Alan Makin

10 mtgs. Fridays 1.30 - 3.30 pm starting 29 September 2006

Fees: £63.00 (£53.00) (£7.00)

WEA Fees and Reduced Fees:

Briefly, the first fee is payable by those in employment and not receiving any means-tested benefit. The fee in first bracket is if you are retired and over 60; a full-time student 19+ or are in receipt of incapacity benefit. Those in

receipt of a means-tested benefit pay only the administration charge in the second bracket. For fuller details of fee reductions and enrolment contact the WEA on 243 5340

THE FOLLOWING ACTIVITIES TAKE PLACE THROUGHOUT THE YEAR

SELF-HELP CRAFT GROUPS – NO TUTOR

CARD MAKING

Wednesdays 1.00 – 3.00 pm

Contact: 726 0805 - £1 per session

GENERAL CRAFT

Thursdays 9.30 – 11.30 am

Contact: 726 0805

£1 per session

YOGA

Wednesdays 6.30 – 8.00 pm

£4 per session

Contact: Phillipa Bellis 727 3133

LIVERPOOL TAI CHI CLUB

Thursdays 7.00 – 9.00 pm

£4 per session

Contact: Thomas Conlan 476 6913

TEA DANCE

Tuesdays 1.30-3.30 pm

£2 per week

Contact: 427 1433

SWIMMING SESSIONS AT I.M. MARSH

Wednesdays 7.00 – 8.00 pm

£15 per 10 week session

Contact Jean Browne on 727 4912

DANCE CLASS

Every Tuesday evening from 5th September 2006

For children of all abilities to learn various styles of dance from jazz to street in a fun and safe environment.

Class Times: Ages 4 - 7 : 5 - 6 pm Ages 8 - 11 : 6 - 7 pm

Fees will be charged at £3 per session

For more information or to book a place contact:

Becky Murphy on 07709 469 612

or email: becky.murphy@pure-potential.org

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Recipe – CHICKEN AND MOZZARELLA

This is a versatile recipe that can be adjusted to suit your particular taste. The chicken can be cooked in a variety of ways and either full fat or half fat cheese can be used.

Ingredients for 2 people

2 Skinless Chicken breasts
Mozzarella Cheese (Full fat or half-fat)
Olive Oil (optional)

Tin of chopped plum tomatoes
Dried Oregano (2 dessertspoons)

Bake, fry or grill the chicken breasts. Heat the tin of tomatoes (add a dash of olive oil if you want to give the dish an Italian touch). Stir in the oregano. When cooked, place the chicken breasts on plates add 2 slices of mozzarella cheese to each then spoon the hot tomatoes over the top. Serve with warm Chibatta bread and a glass of red or white wine – delicious!

Please let us have your favourite recipe to share with our readers. Write it out and post it to or drop it into SARA Hall or send it by e-mail to newsdesk@sudley.org.uk

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Local Attractions

There are many attractions in Liverpool that can be enjoyed by the whole family and you will always find somewhere that keeps everyone happy, whether their interests lie in history, football or shopping!

Albert Dock

The Albert Dock is the most visited multi-user attraction in the UK outside of London, attracting around five million visitors a year. Situated on Liverpool's famous waterfront, the Albert Dock contains over 50 shops, restaurants and bars. Visit the Albert Dock website for more information.

Museums

There are a number of museums and galleries on Merseyside that you can visit.

The Beatles

Thousands of Beatles fans visit Liverpool each year to experience the sights and sounds of the Fab Four's hometown.

Speke Hall

A beautiful stately home on the outskirts of Liverpool, providing fun for all the family.

Croxteth Hall & Country Park

Take a trip back into the past by visiting this wonderful stately home and its breathtaking grounds.

20 Forthlin Road

Step into Beatles history by visiting the childhood home of Paul McCartney, now restored by the National Trust.

Liverpool FC Experience

Discover the history of Liverpool Football Club through this exciting new interactive museum.

Everton FC Stadium Tours

Get an exclusive behind the scenes view of Goodison Park, the home of Everton Football Club.

See Mersey Tourism's site - www.visitliverpool.com - for details of other attractions the whole family can enjoy.

Local Councillors

Surgery Times

Local Councillors are available for you to speak with them regarding any local issues / concerns, every Tuesday 6.30pm - 7.30pm at St.Margaret's school during term time only.



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SARA WORKING WITH MERSEYSIDE POLICE

It is always a pleasure to write about good news. Crime has fallen in the last twelve months by impressive amounts in Mossley Hill. Robbery has reduced by 55%, burglary by 38%, theft of motor vehicles by 46% and criminal damage by 12%. I am particularly proud of my team and our partners in Neighbourhood management under Chris Peach in achieving these results and the efforts they make to improve the quality of working life.

Youth disorder is always a concern during the summer holidays. It is not something that will ever go away completely. Young people tend to move locations on a regular basis. I am aware of some problems around the Rose Lane area, which we have addressed. If you are experiencing problems let us know, we will call and speak to you and tackle the problems.

I would like to bring to your attention one nationally emerging crime problem. The theft of satellite navigation systems from cars. It is not a problem around Mossley Hill at the moment but please be aware they are attractive to thieves. Don't leave them on display and wipe away the marks from the windscreen.

Please enjoy the summer holidays and feel free to contact me at Allerton Police Station if you feel we can be of any assistance to you.

Shaun Bradbury
Allerton Neighbourhood Inspector.

Police Surgeries at SARA Hall

For confidential advice & support about local concerns in the community, drop in and meet your local neighbourhood police. The Surgeries will be held on the following Monday evenings between **5:30 and 6:45pm** at SARA Hall: **7th August, 18th September, 9th October, 30th October & 20th November.** No Appointment is necessary, just turn up.

Summer Activities

Through the Summer, Merseyside Police will be running a number of sessions for children.

Brazilian Soccer Skills for ages 11 - 17 starting Wednesday 26th July and each Wednesday up to and including 30th August between 1 & 4pm at St.Margaret's Sports Facility on Aigburth Road.

Dance for ages 11 - 17 starting Thursday 27th July and each Thursday up to and including 31st August between 2 & 4pm at St Margaret's Dance Studio on Aigburth Road.

Young Persons Art School for ages 5 - 11 starting Friday 28th July and each Friday up to and including 1st September between 1 & 4pm at SARA Hall, corner of Rundle/Milner Roads.

Swimming at IM Marsh

FAMILY SWIMMING SESSION EVERY WEDNESDAY
7.00pm - 8.00pm
All Ages Male & Female Children accompanied by adult
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Big thanks

Sudley FC would like to say a big thank you to all the parents and guardians of all the players for their kind support throughout the league season. And also special thanks to the players for all their hard work and endeavour in all those hard matches.

Best wishes and Good Luck

Sudley Fc wishes good luck to a new football team from Aigburth - you know who you are! We hope Liam, Joel, Sam and Dominic have a great season because you are all brilliant kids and you will shine for your new team.



Kit Aid

Kit Aid is a charity that sends unwanted football Kits to children and adults across Africa, Asia and Eastern Europe.

Sudley FC recently sent their home strip to it Aid in the hope that it will bring a smile to a child less fortunate than our own.

Please if there are any teams with surplus kits, then consider doing the same. Email kitaid@3valleys.co.uk and ask for details.

Annual Awards

Sudley FC 2005/06 Annual awards at Greenbank Project - this was to celebrate the achievements of Sudley FC and Sudley FC2 during the last season. It was a great day, which included indoor football, good food and awards for every player! This is definitely the best day of the year for the club.



New Players

New Players - If you would like to have a trial to join Sudley FC and you are in year 6 this September please phone 07845616013 any day.

Goalposts Giveaway

We have a number of portable goals that would benefit others more than us as we do not use them enough. We would like to donate them to a school, youth club or the cubs or scouts. If you are a representative from one of the above please call 07845616013.

If you are a local team and would like to be featured in our next issue just contact the newsletter team: newsdesk@sudley.org.uk

SARA DIARY

Tuesday	<i>Tea Dance 1:30 – 3:30 pm</i>
Wednesday	<i>Yoga 6:30 – 8:00 pm</i> <i>Swimming @ IM Marsh Campus 7:00 – 8:00 pm</i> <i>Committee Meeting</i> <i>(1st Wed of each Month) 8:15 – 9:15 pm</i>
Thursday	<i>Craft 9:30 – 11:30 am</i> <i>Liverpool Tai Chi Club 7:00 – 9:00 pm</i>

Revised Timetables including new autumn classes will be available at SARA Hall from early September. Alternatively, please email: newsdesk@sudley.org.uk for a copy.

IT'S PARTY TIME AT S.A.R.A. HALL

Hold your childrens parties at SARA from £22 for 2 hours and £6 for each additional hour thereafter

726 0805

sorry, no bouncy castles!

SARA Newsdesk: newsdesk@sudley.org.uk • 0151-726 0805

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