

NEWSLETTER

CELEBRATING

40

YEARS IN THE COMMUNITY

1977 - 2017

SUDLEY AREA RESIDENTS' ASSOCIATION

SARA Hall, Rundle Road, Aigburth, Liverpool L17 0AQ

Telephone: 0151 726 0805 Email: secretary@sudley.org.uk

Registered Charity No. 508950

August 2017, Issue 37

S.A.R.A. turns 40!

Sixty-four people enjoyed a celebration party on the evening of 23rd June in SARA Hall. In a room bedecked with balloons and banners the food was plentiful, the wine flowed and we were entertained by Sydney F Smith, a local resident and regular on Linda Mac's Radio Merseyside show. Accompanied by his two ukuleles, a banjolele and a guitar, his repertoire ranged from George Formby via the Beatles to Liverpool songs and a wartime singalong, interspersed with songs from his album and readings of his own poems.

On display were some paintings done by a member of the WEA local history class, taken from photographs of long-lost buildings of the area, as provided by the class tutor. These included one of the Lower Lodge, which was demolished in 1863 and Otterspool Station built on the site (the building can still be seen today at the end of the muddy unadopted Otterspool Road, a small left turning off Jericho Lane).

The evening raised over £250 for Sunflowers, SARA's charity of the year. Thanks are due to the SARA Committee and helpers for their hard work and organisation which made the event such a success.

S.A.R.A.
Sudley Area Residents' Association

Lion on the loose!

The lease for SARA Hall was acquired in the early 1980's when the former church building was changed from a carpet warehouse to a community centre. The early committee undertook a large project of works to make the building fit for purpose as a community centre. The official re-opening included a traditional lion dance performed by the Hung Kune style Kung Fu Club from Seel Street.



Official re-opening of SARA Hall in 1985



Sydney F Smith entertaining residents

Do you remember... the Summer play-schemes, our youth club, the swimming club at IM Marsh, our jumble sales and Christmas fair, autumn holidays to Ostend, trips to Blackpool lights and the pantomime at the Floral Pavilion. How about when we opposed the opening of an adult shop at Aigburth Vale and the building of a flyover on Aigburth Road? **Why not drop us a line with your memories, stories and photographs of SARA.**



Annual General Meeting

Our AGM this year took place on Friday 9th June. Prior to the main business of the AGM, Paul Gallagher, Deputy Director of Liverpool Museum, gave a talk about an exhibition currently at the Museum entitled Reel Stories. The exhibition is built around movies either depicting Liverpool or having scenes shot in Liverpool but representing other places.

Following a break for tea and coffee, the Chairman gave an overview of the previous twelve months, a look forward to the next twelve months and the election of our small committee took place.

Jean Browne, a founder member of SARA became the Association's first Honorary Member in recognition of her many years of service to the community. The Chairman presented her with a certificate and a bouquet of flowers.

Quiz Enthusiast Sought

Are you someone who would be willing to help for a few hours a couple of times during the year? Are you someone who could compile 'pub' quizzes and, more importantly, deliver these at our social events? Is this you? If so, please get in touch on **0151 726 0805** (answerphone). There is somebody out there who can do this, we just know it!

Membership

Anyone who feels that they would like to support SARA and its activities is invited to become a member. Membership costs nothing and you need only register the once.

Full voting rights are only available to those members living within the SARA area but we are delighted to enrol anyone, regardless of where they live, into non-voting membership.

Please complete the form below and send to **SARA Hall, Rundle Road, Liverpool L17 0AQ**. Alternatively telephone **0151 726 0805** and leave your details on the answerphone or email these to **secretary@sudley.org.uk**

Members' Raffle Winner

Congratulations! Our members' raffle winner for this edition is Rita Hale of Elmswood Road. Rita wins a £10 gift voucher for Liverpool One.

Sophia Singleton



Sophia (far left) pictured with Sir Paul McCartney and her fellow performers.

In 2006, SARA was delighted to be able to help Sophia Singleton with her passion for gymnastics - in particular trampolining. Sophia went on to represent Great Britain at youth and junior levels in trampolining. In late 2015 Sophia was awarded a contract to perform with Cirque du Soleil's Beatles inspired Love show in Las Vegas.

SARA Hall Karate Club

Two of the students from SARA Hall karate club recently travelled to Wales for grading. They both achieved their 1st Dan Black Belts. Patrick O'Neill and Courtney Robertson (pictured right) train at SARA Hall on Monday and Thursday evenings with their teacher, former British champion John O'Neill.

Congratulations to you both!



MEMBERSHIP FORM FOR SUDLEY AREA RESIDENTS' ASSOCIATION

Name:

Address:

Telephone:

Email:

Please complete this form and return to

The Secretary, SARA Hall, Rundle Road, Aigburth, Liverpool L17 0AQ

We respect your right to privacy and will keep safe any personal details that you give us in line with the UK Legislation on Data Protection.

NB Members are registered until we are told otherwise - it is not necessary to complete a new form each year.

REGISTER OF MEMBERS

Charity law requires us to keep a register of members and we are currently seeking to update this. SARA's activities are open to all without the need for membership. However, every volunteer run organisation needs supporters and anyone is eligible to join SARA.

We already have a significant number of helpers and supporters but not all have formally joined us in membership. We are now asking that you do so by completing the form opposite and sending it to **SARA Hall, Rundle Road, Liverpool L17 0AQ**. Alternatively, telephone **0151 726 0805** and leave your details on the answerphone or email these to **secretary@sudley.org.uk**

S.A.R.A. CHRISTMAS PARTY

Friday 1st December at 7pm

with entertainment from Mike Doody.

Tea/Coffee and nibbles will be served. Please feel free to bring your own food and drink.

Call 726 0805 for tickets (£2)

New WEA Local History Course - Lost Villages of South Liverpool starts 1.30pm Wed. 27th Sep.

Exploring the historical changes in the districts of Toxteth, Allerton and Mossley Hill, we will investigate the people, places, buildings and events that changed these once sleepy villages into vibrant communities of today's Liverpool. This **10-week course** will use a wide range of historical resources to illustrate and bring Liverpool's local history to life. Call **0300 303 3464** for more information quoting ref: **C3840741**.

New Yoga Courses at SARA this autumn

Two new courses start at SARA Hall this autumn. An **8-week Mindfulness Course** and a **12-week Yoga for Healthy Lower Backs Course** begin on Thursday afternoons in September. Both courses are provided by **Philippa Bellis** and taster sessions will take place on Thursday 14th September at 1.15pm and 2.30pm respectively. For more details or to book for the taster sessions / courses, please call Philippa on **0151 352 9821** or e-mail info@themindpool.co.uk

PRIZE BINGO



**Friday 6th October
7pm at S.A.R.A. Hall**

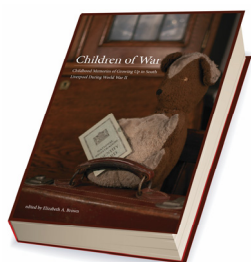
Tickets (£4) include 4 games, a quiz and tea/coffee. An additional full house flyer (£1) will close the evening. Call 726 0805 for tickets.

PARTY TIME AT S.A.R.A. HALL

Hold your children's parties at S.A.R.A. Just £30 for 3 hours and £6 per hour thereafter

0151 726 0805

NOW AVAILABLE



Following the success of our Heritage Lottery **Childhood Memories** project, a book documenting the stories of local residents has been produced. The book is available for **FREE** from SARA Hall or call us on **726 0805** and we'll pop a copy through your letterbox.



2017 Cinema Screenings at SARA Hall

Friday Evening Films

7pm on 28th July, 25th August, 22nd September, 27th October and 24th November.

Details of the next film can be found on the main door of SARA Hall or by calling 726 0805. Refreshments available during the interval.

Free Admission



S.A.R.A. Day Trips

Friday 18th August 2017

(booking 28th Jul.)

HARROGATE

Coach leaves at **8.30am**. Cost **£12**

Tuesday 19th September 2017

(booking 29th Aug.)

CRICH TRAMWAY VILLAGE MUSEUM, DERBYSHIRE

The museum contains over 60 trams and is set within a period village containing a pub, cafe, old-style sweetshop and tram depots. The museum's collection of trams runs through the village setting and out a mile into the local countryside and back.

Coach leaves at **9am**. Cost **£22** includes admission.

Tuesday 17th October 2017

(booking 26th Sep.)

LLANDUDNO

Coach leaves at **9am**. Cost **£12**

ALL COACHES DEPART FROM AIGBURTH ROAD
(Lay-by outside St Anne's Church)



SARA Holidays for 2018

Many of you will be aware that SARA has been running 5-day holidays for many, many years. These usually take place in the spring (before Easter) and in November as a Turkey and Tinsel break.

We did say that there would be a Turkey and Tinsel holiday this year but unfortunately the interest in this wasn't quite strong enough for us to proceed.

Our thoughts have therefore turned to next Spring. Given that we are looking so far ahead, the details are necessarily sketchy - 5 days, definitely in England and probably March or April (though not during the school holidays). We do not intend to proceed with firming up any details until we can gauge interest. So, it would be hugely helpful to us if you would contact us on **0151 726 0805** at your earliest convenience if a spring holiday is of interest to you.



Weekly Sessions

For weekly updates,
please visit <http://www.sudley.org.uk>

Monday

10:30 - 11:15 Jumping Jacks
13:45 - 15:45 WEA Passion for Painting (*starts 25th Sep.*)
17:30 - 18:30 Karate (age 5 - 7 boys & girls)
18:30 - 19:30 Karate for older children and adults
20:00 - 21:00 Pilates

Tuesday

10:00 - 12:00 WEA Painting with Acrylics (*starts 26th Sep.*)
13:30 - 15:30 Tea Dance
18:00 - 19:30 Moving into Yoga (*Carole Griffith*)
20:00 - 22:00 Wu Shu Kwan Kung Fu

Wednesday

09:30 - 11:00 Gentle, Mindful Yoga (*Philippa Bellis*)
11:15 - 12:15 Chair Yoga (*Philippa Bellis*)
13:30 - 15:30 WEA Local History - Lost Villages of South Liverpool (*starts 27th Sep.*)
16:15 - 17:30 SARA Trustee Meeting (*first Wed. of the month*)
18:30 - 20:00 Yoga (*Philippa Bellis*)

Thursday

09:30 - 11:30 Craft
13:15 - 14:45 8-week Mindfulness Course (*Philippa Bellis*)
15:00 - 16:15 Yoga for Healthy Lower Backs (*Philippa Bellis*)
17:30 - 18:30 Karate for all ages
18:45 - 20:45 Yoga (*June Bradshaw*)

Friday

10:00 - 11:00 Sing-Along-a-Tots

Saturday

10:00 - 12:00 Cllr. Hurley's Surgery (*first Sat. of the month*)

Session contacts:-

Jumping Jacks contact **Lucie Campbell** on **0151 487 5757**

WEA classes contact **WEA** on **0300 303 3464**

Karate contact **John O'Neill** on **07590 309462**

Pilates contact **Nicola Parker** on **07913 668599**

Yoga, **Carole Griffith** on **07748 260353**

Yoga, **Philippa Bellis** on **0151 352 9821**

Yoga, **June Bradshaw** on **07772 892353**

Wu Shu Kwan Kung Fu contact **Steve Bishop** on **07525 032511**

Sing-Along-a-Tots contact **Linda Wooding** on **07747 047814**

For any of our other weekly events or for regular hall hire, please contact SARA Hall on **0151 726 0805**