

NEWSLETTER

CELEBRATING

40

YEARS IN THE COMMUNITY

1977 - 2017

SUDLEY AREA RESIDENTS' ASSOCIATION

SARA Hall, Rundle Road, Aigburth, Liverpool L17 0AQ

Telephone: 0151 726 0805 Email: secretary@sudley.org.uk

Registered Charity No. 508950

January 2018, Issue 38

ANNUAL GENERAL MEETING

The Annual General Meeting of Sudley Area Residents' Association will take place on **Friday 8th June 2018**.

At 7 pm the evening will commence with a talk by Cathy Roberts (Tugboat Cathy) who will share with us her **Tales about Mersey Moggies** and time permitting perhaps something about her life on her tugboat. A well-known storyteller, her talk is not to be missed.

After refreshments, the business of the AGM will take place at around 8.15 pm. The Chairman will give an overview of the past year and the Trustees for the coming year will be elected.

If you feel that you would like to become a Trustee, please get in touch. Nominations cannot be taken on the night.

A very special birthday in Aigburth

Local resident and friend of SARA Lessie Steels celebrated her 100th birthday on 25th October 2017.

Multiple celebrations were held through the week including a party for Lessie and her friends at the Tuesday Tea Dance group in SARA Hall.

Congratulations on this wonderful achievement!



THE LIVERPOOL SHOWTIME GROUP

**An evening of entertainment with
The Liverpool Showtime Group in aid
of Liverpool Sunflowers**

Friday 9th February at 7.30pm

Call 0151 726 0805 for tickets (£4)

QUIZ NIGHT

in aid of The Harris Club for the Disabled

Friday 9th March at 7pm

Tickets £4 per person which includes tea, coffee and biscuits (or bring your own drink)

Prizes for winning teams (maximum number of 6 people per team)

A luxury hamper with Prosecco donated by Tesco, Mather Avenue will be raffled during the evening.

There will be a final quiz with a cash prize (£1 per person payable on the night)

Call 0151 726 0805 for tickets





A message from us to you...

Help! We need somebody,
Help! Yes anybody,
Help! You know we need someone,
Help!

When we were younger, 40 years younger than today,
 We never needed that much help in oh so many ways,
 But now our community group has changed as this
 newsletter shows,
 For independent classes, bingo, film nights, daytrips
 we're opening the doors...

Help us if you can from falling down,
 And we will appreciate your help around,
 Help us get more feet upon our ground,
 Won't you please, please help us, **help us now...**

To volunteer call **0151 726 0805** and leave your details. We need help with film nights, newsletter delivery and occasional car drivers. Can you spare an hour or two every few months?

Membership

Anyone who feels that they would like to support SARA and its activities is invited to become a member. Membership costs nothing and you need only register the once.

Full voting rights are only available to those members living within the SARA area but we are delighted to enrol anyone, regardless of where they live, into non-voting membership.

Please complete the form below and send to **SARA Hall, Rundle Road, Liverpool L17 0AQ**. Alternatively telephone **0151 726 0805** and leave your details on the answerphone or email these to **secretary@sudley.org.uk**

Members' Raffle Winner

Congratulations! Our members' raffle winner for this edition is **Chris Lennard** of **Rimmington Road**. Chris wins a £10 gift voucher for Liverpool One.



The Ancient Chapel of Toxteth

You have probably passed the Ancient Chapel at the bottom of Park Road, but may not realise what a fascinating history it has and how many prominent people are buried there.

The Chapel dates back to about 1618, when Park Road was just a track within the royal hunting park of Toxteth. The land came into the possession of Sir Richard Molyneux, from the Crown via the Earl of Derby, and Molyneux, although himself a Catholic, allowed a settlement of Puritans who were escaping religious persecution. This community first built a schoolhouse for the children and appointed Richard Mather from Warrington as the schoolmaster although he was only 13 years old! He left to study at Oxford; meanwhile the Chapel was built and Mather returned as Minister. But the Puritans were still subject to ever-increasing persecution and Richard Mather eventually sailed to America with the Pilgrim Fathers.

One significant member of this congregation was Jeremiah Horrox, who lived at the Lower Lodge in Toxteth Park and at the age of 20, was the first person to predict and observe the transit of Venus across the sun, and calculated the distance from the earth to the sun. There is a monument to him in the Chapel and he is believed to be buried there. (There is also an attractive mosaic commemorative plaque to him in the central reservation of Horrocks Avenue, Garston).

Many notable names are to be seen in the graveyard, including members of the Holt and Rathbone families: George Holt senior was a cotton broker who married Emma Durning, from another prominent Liverpool family; his son George junior founded the Blue Funnel Line, and brother Alfred was an engineer who became wealthy enough to buy Sudley House. William Rathbone was Liberal MP for Liverpool in 1868, and his daughter Eleanor also became an MP. Members of the Melly family are also buried there, ancestors of the entertainer George Melly; his great-uncle Charles Melly was a great benefactor for the poor – an example of this is the provision of taps and drinking fountains at docks and railway stations, at his own expense, in response to the requests of poor Irish immigrants for clean drinking water. George Melly's grandparents are understood to have lived in the area of St Michaels in the Hamlet.

MEMBERSHIP FORM FOR SUDLEY AREA RESIDENTS' ASSOCIATION

Name:

Address:

Telephone:

Email:

Please complete this form and return to

The Secretary, SARA Hall, Rundle Road, Aigburth, Liverpool L17 0AQ

We respect your right to privacy and will keep safe any personal details that you give us in line with the UK Legislation on Data Protection.

NB Members are registered until we are told otherwise - it is not necessary to complete a new form each year.

REGISTER OF MEMBERS

Charity law requires us to keep a register of members and we are currently seeking to update this. SARA's activities are open to all without the need for membership. However, every volunteer run organisation needs supporters and anyone is eligible to join SARA.

We already have a significant number of helpers and supporters but not all have formally joined us in membership. We are now asking that you do so by completing the form opposite and sending it to **SARA Hall, Rundle Road, Liverpool L17 0AQ**. Alternatively, telephone **0151 726 0805** and leave your details on the answerphone or email these to **secretary@sudley.org.uk**

Torquay Spring Holiday

with Robinsons Holidays

16th - 20th April 2018

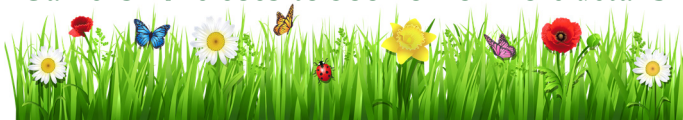
The Abbey Lawn Hotel, Torquay

Bed/Breakfast & Evening Meal £179pp

(sea view rooms available for £199pp)

Includes two day excursions to Plymouth and Newton Abbot/Teignmouth.

Call 0151 726 0805 to book or for more details



Mossley Hill Linking Lives

Mossley Hill Linking Lives project supports older people in the local area. The service, run by Mossley Hill Church, is associated with the national charity Linking Lives UK. All volunteers have DBS checks, have had references provided, and have received training by Linking Lives UK as well as completing safeguarding training.

They provide volunteers to visit older adults in their own homes once a week on an ongoing basis, for a chat, to share in an interest or hobby, or perhaps to accompany them out for a coffee or a short trip. Individuals can make contact for themselves or others on

07701 021497 or by email on linkinglivesmossleyhill@gmail.com



New Yoga Courses at SARA for 2018

There are a number of new courses starting at SARA Hall this January/February.

On Tuesday 9th January, **Carole Griffith** starts a **Yoga for Healthy Lower Back Course** (5.15 - 6.30pm) and a **Moving on to Mainstream Yoga Class** (6.30 - 7.40pm). For further details or to book, please call Carole on **07748 260353**.

On Thursday 25th January, **Philippa Bellis** will hold two taster sessions: **Mindfulness** (1.15 - 2.45pm) and **Yoga for Healthy Lower Backs** (3 - 4pm). The two courses commence on 1st February. For further details or to book, please call Philippa on **0151 352 9821**.

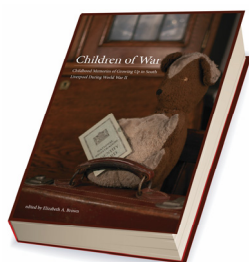
PARTY TIME

AT S.A.R.A. HALL

Hold your children's parties at S.A.R.A. Just £30 for 3 hours and £6 per hour thereafter

0151 726 0805

NOW AVAILABLE



Following the success of our Heritage Lottery **Childhood Memories** project, a book documenting the stories of local residents has been produced. The book is available for **FREE** from SARA Hall or call us on **726 0805** and we'll pop a copy through your letterbox.



2018 Cinema Screenings at SARA Hall

Friday Evening Films

7pm on 26th January, 23rd February, 23rd March, 27th April, 25th May, 22nd June, 27th July, 21st September, 26th October and 23rd November.

Details of the next film can be found on the main door of SARA Hall or by calling 726 0805. Refreshments available during the interval.

Free Admission



S.A.R.A. Day Trips

Wednesday 21st March 2018

(booking on 28th Feb.)

BURY MARKET

Coach leaves at **9am** Cost **£12**

Friday 27th April 2018

(booking on 6th Apr.)

ASHTON UNDER LYNE

with an optional visit to the Portland Basin Museum, a 1914-18 period re-created street with pub, school room, shop and house.

Free admission and cafe on site.

Coach leaves at **9am**. Cost **£12**.

Wednesday 23rd May 2018

(booking on 2nd May.)

OSWESTRY & LLANGOLLEN

Coach leaves at **9am**. Cost **£14**

Monday 25th June 2018

(booking on 4th Jun.)

LLANDUDNO

Coach leaves at **9am**. Cost **£14**

Wednesday 25th July 2018

(booking on 4th Jul.)

SKIPTON

Coach leaves at **8.30am**. Cost **£14**

Tuesday 21st August 2018

(booking on 31st Jul.)

SHREWSBURY

Coach leaves at **9am**. Cost **£14**

Wednesday 19th September 2018

(booking on 29th Aug.)

MATLOCK BATH & MATLOCK

Coach leaves at **8.30am**. Cost **£14**



Places can be booked by calling **0151 726 0805** (answerphone) from the booking date shown. Please leave your name, telephone number and number of seats required (maximum 4 seats per call).

ALL COACHES DEPART FROM AIGBURTH ROAD
(Lay-by outside St Anne's Church)



Weekly Sessions

For weekly updates,
please visit <http://www.sudley.org.uk>

Monday

09:30 - 10:15 Jumping Jacks
10:30 - 11:15 Jumping Jacks
13:45 - 15:45 WEA Passion for Painting (starts 8th Jan.)
17:30 - 18:30 Karate (age 5 - 7 boys & girls)
18:30 - 19:30 Karate for older children and adults
20:00 - 21:00 Pilates

Tuesday

10:00 - 12:00 WEA Painting with Acrylics (starts 9th Jan.)
13:30 - 15:30 Tea Dance
17:15 - 18:30 Yoga for Healthy Lower Backs (Carole Griffith)
18:30 - 19:40 Moving on to Mainstream Yoga (Carole Griffith)
20:00 - 22:00 Wu Shu Kwan Kung Fu

Wednesday

09:30 - 11:00 Gentle, Mindful Yoga (Philippa Bellis)
11:15 - 12:15 Chair Yoga (Philippa Bellis)
13:30 - 15:30 WEA Local History - Lost Villages of South Liverpool (starts 10th Jan.)
16:15 - 17:30 SARA Trustee Meeting (first Wed. of the month)
18:30 - 20:00 Yoga (Philippa Bellis)

Thursday

09:30 - 11:30 Craft
13:15 - 14:45 8-week Mindfulness Course (Philippa Bellis)
15:00 - 16:15 Yoga for Healthy Lower Backs (Philippa Bellis)
17:30 - 18:30 Karate for all ages
18:45 - 20:45 Yoga (June Bradshaw)

Friday

10:00 - 11:00 Sing-Along-a-Tots

Saturday

10:00 - 12:00 Cllr. Hurley's Surgery (first Sat. of the month)

Session contacts:-

Jumping Jacks contact Lucie Campbell on 0151 487 5757

WEA classes contact WEA on 0300 303 3464

Karate contact John O'Neill on 07590 309462

Pilates contact Nicola Parker on 07913 668599

Yoga, Carole Griffith on 07748 260353

Yoga, Philippa Bellis on 0151 352 9821

Yoga, June Bradshaw on 07772 892353

Tea Dance, Val Jefferies on 0151 427 1433

Wu Shu Kwan Kung Fu contact Steve Bishop on 07525 032511

Sing-Along-a-Tots contact Linda Wooding on 07747 047814