

SARA



Sudley Area Residents' Association

Newsletter

Issue no. 04 - November 2004

OTTERSPOOL POST OFFICE SAVED!!

Post Office Ltd. have now addressed local concerns regarding the future of the Otterspool Post Office at Aigburth Vale. SARA along with local councillors have been in communication with Post Office Ltd. to ensure that the post office did not close. Otterspool post office has now recently changed hands and the threat of closure has been lifted. The Post Office Ltd. stated that they are pleased that a post master was able to be found and are committed to working in Aigburth.

Our local post office has been serving the community for well over 50 years, long may it continue.

"S.A.R.A. Christmas Fayre"

*Our Annual Christmas Fair is to be held
this year in SARA Hall on*

**Saturday 4th December 2004
at 1.30pm.**



A perfect day for all the family, with a huge variety of festive stalls selling gifts and handicrafts, white elephant, books, toys, jewellery and a tombola.

Santa will be making an appearance and refreshments will also be available. Christmas raffle tickets are currently on sale with an array of prizes including £50 cash, Everton Football Club Memorabilia, Liverpool Football Stadium Tour, a meal for two, a festive hamper and much much more!!



Sun for all the family



MERRY CHRISTMAS TO ALL!!!

Local News

Claire House Update

SARA's adopted charity for 2004 has been the *Claire House Children's Hospice*. Through the year we have held a number of charity events including an evening with the "Liverpool Harmony Singers", a number of raffles on our coach trips and a table sale. To date we have raised over **£700.00** for this very worthwhile charity.

Claire House is a registered charity which cares for children aged 0 - 18 years with life threatening or life limiting conditions and their families from Merseyside, Cheshire, North Wales and the Isle of Man.

The charity relies entirely on the generosity and help of people in the region for all of its income and running costs. For further details, please visit www.claire-house.org.uk or to make a donation, please call the Head of Appeals on **0151 343 0883**.

In addition SARA have raised over £150 for this years **Poppy Appeal** by contributing the proceeds from a recent table sale and selling Poppy's at the SARA Hall

Thank you for all your support!!!

Update on Sudley House

A major revamp is being planned for Sudley House and it is due to commence next year, which is designated as **SEABRITAIN 2005**, so it seems quite appropriate that this unique venue and fine example of a house that was the family home of George Holt and the riches that it holds, should be the focus of attention at this time.



A Huge Thank You

The SARA committee and the newsletter team would like to give a big thank you to all of our residents' who help to distribute the SARA Newsletter. We really appreciate you giving your time and help, without you none of this would be possible!!!!

Do You Think There Is A Lack Of Local Facilities For Our Children And Teenagers?

It came to my attention recently that the Sudley area doesn't seem to have much in the way of recreational facilities for the younger members of our community. I.M. Marsh, whilst offering a wide range of sporting activities and facilities is limited in what it can offer, and Sefton Park whilst beautiful and serene is possibly not adventurous enough.

There seems to be a shortfall in outdoor play areas. The one public playground near Sefton Park is often littered with broken glass and empty alcohol cans. It is also quite limited in the play equipment supplied by Liverpool City Council. Our children require an exciting, multi functional play area where they can explore and run freely in complete comfort and safety.

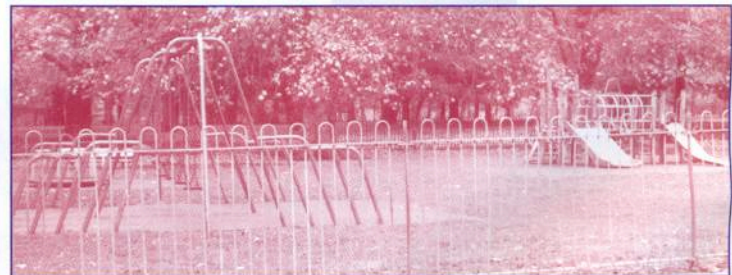
Our teenagers too require an area where they can "Hang Out". Many youngsters are interested in skate boarding and bmx biking, but where can they go where they are not causing a nuisance and where they are safe. Many other areas of the city have these facilities such as Aintree, but not Aigburth. I am not suggesting that a skateboarding park is the solution, but the lack of facilities does have to be addressed.

Recently many residents voiced their concerns publicly at the SARA Hall regarding our young people causing disturbances, by loitering outside residents homes etc. This is not acceptable, but where can they

go? What can they do? There is no entertainment facility nearby, there is no specific youth club. There is no proper play area. If we do not provide the recreational, social and safe playing environments for our children, how can we expect them to be content, happy and well behaved? I grew up in a small village, but there was an abundance of activities to hand. A youth club where the members had REAL responsibilities, which resulted in respect. A drama group for teenagers who put on their OWN performances. Sporting events which were held in the local field, from cross country to long jump. Small but LOCAL COMMUNITY activities.

There are many other activities which could occupy our young people's spare time, give them interest and most importantly, responsibility. The results can only be positive.

E.Brown Co-Editor.



Is this enough for the youngsters of Sudley?

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Sudley Area "STAR" Business

In the last edition of the SARA newsletter we informed you of our idea to feature a local 'STAR BUSINESS'. Well, at a recent meeting at the SARA Hall, all of the local businesses were put into a draw, Huddleston's Fish Shop was the first one to be pulled from the hat.

We hope to feature more "STAR BUSINESSES" in future editions!!

Huddleston's Fish Shop - Serving the community for more than 100 years!

This is a truly fascinating story. Did you know that Huddleston's fish shop's started over 100 years ago. In 1902 the business was started by Henry Huddleston grandfather to the present proprietor David Huddleston. The first shop was opened in Mill Street in 1902. Mr. Huddleston quickly expanded the business and eventually there were thirteen fish shops thriving right across Liverpool.

In 1936 the shop at Aigburth Vale was acquired and has been successful ever since. Mr. David Huddleston started in the business in the 1950's and with the help of his late wife Joan, has been busy serving the community ever since. Sadly however it is the last remaining Huddleston's fish shop, but what a great one it is!!!

The business offers a high quality of service and produce, with a whole variety of fresh and smoked fish, shellfish and poultry. Pop in today and see what's on offer.

"Thanking all our customers old and new for their loyalty and support"..... Mr. David Huddleston



Crofton Estate update

The Crofton site development proposal is to be presented to the planning committee on Tuesday 16th of November. Several local residents will be in attendance and a representative will be able to give a short presentation on the argument against supporting the proposal.

We will keep you updated on the progress of events!

Traffic Calming Measures in Sudley

SARA have recently been made aware that investigations are underway concerning potential traffic calming measures surrounding Sudley Infant School. It is thought that the measures under investigation include double yellow lines, a one way system and pedestrian areas. We have been informed that the Liverpool City Council aim to fully involve the local community in deciding on the best solutions in this case.

We shall keep you informed of future developments.

Entertainment & Events

Aigburth Peoples Hall - Aigburth Vale

Sunday 5th December - Christmas Grotto - 1.00pm Presents for all the children!

Boxing Night: Music and entertainment; tickets only; on sale soon.

New Year's Eve: Music and entertainment; tickets: members - £2.00, visitors: £10, contact A.P.H.

New Members Always Welcome!!

Christmas Light Switch-on

21 November

2003 was a superb Switch-On seeing thousands of parents and children alike enticed into Liverpool City centre to witness the start of the Christmas season at St George's Plateau.

Local History Talk - Liverpool's Wars

Tuesday 23rd November

Sefton Park Library, Aigburth Road L17 2.00pm
0151 727 1559

Liverpool's wars, 1210 - 1945.

With Steve Binns MBE.

Free.

Santa Parade

5 December

The successful 2003 lantern lit Santa Parade included a specially commissioned light sculpture, a 300 strong lantern procession, Chitty Chitty Bang Bang, fire jugglers, stilt walkers, musicians, fire breathing horses, three wise men on camels, panto characters and a selection of novelty vehicles.

This year Santa will once again travel through the streets of Liverpool in style accompanied by the Lord Mayor in a beautifully lit sleigh pulled by Norwegian Fjord ponies. The Parade, which will last almost an hour, is an all time favourite with the families and, more importantly, the children of Liverpool.

New Years' Eve Firework Display

31 December

Each year this event becomes bigger and better. Aiming to compile the world's largest synchronised firework display for Liverpool's 800th birthday, we will ignite another of Liverpool's landmark buildings for this explosive display.

Liverpool Sports: Awesome Walls Climbing Centre - St. Albans Church, Athol Street, Liverpool, Merseyside, L5 9XT, England

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SARA working with Merseyside Police



Liverpool South Area • Aigburth and Grassendale Neighbourhood • November 2004

Hello again,

As you may remember from my previous newsletter item, I was very keen to establish close working relations with members of the community within the Aigburth and Grassendale Neighbourhood. Since then I have had the opportunity to attend last month's Sudley Residents Association Meeting to introduce myself to representatives from the association. I was encouraged by the warm welcome that was extended to me by those present and intend to take up the offer to attend future meetings so that I can maintain contact with the association.

In order to increase our contact with the local community I have now allocated one of my Neighbourhood Constables to assume specific responsibility for community liaison. His name is Andy McNamee and he too works out of Allerton Police Station.

Following on from Residents Association Meeting, I was approached by Local Councillors, Ron Gould, Tina Gould and Dave Antrobus to organise a meeting with a representative group of local residents to discuss issues of concern within the local community. As a result, we held a meeting on Thursday 21st October in the SARA Hall which was attended by approximately 50 people.

The main purpose of the meeting was to identify those problems that gave greatest cause for concern. What emerged from the meeting was that the main causes for concern revolved around young people congregating in the area and engaging in a variety of disorderly behaviours including drinking alcohol, graffiti, urinating in public, cars being razzed around, setting fires and playing football in the street. Other concerns expressed included house break-ins, suspected use of illegal drugs, parking and speeding vehicles. Those present at the meeting were able to give me a lot of useful information about these problems which represent the start of a process which I hope will eventually lead to action being taken to impact upon the same.

I was keen to stress at the meeting that the way forward in terms of solving local problems is best served by the Police, our Partner Agencies and the Community working together so that we all do our bit to improve the situation. As I have mentioned previously, I already work closely with Local Councillors and officers from the South Suburbs Neighbourhood Management Area to jointly address problems within the Neighbourhood.

I am looking for volunteers from the community to join with us and help with tackling local problems. Representatives from the association are keen to work with the Police and our partners to organise a Crime Prevention Awareness Roadshow which will take place in the new year in the SARA Hall. (date will be advertised shortly) In the meantime, I would be interested to hear from anyone who wishes to volunteer their services to work with us on tackling local problems.

To that end, I can be contacted via E-Mail at Robert.Daly@Merseyside.Police.uk or by telephone on 0151-777-5141.

Regards

Inspector Bob Daly • Aigburth and Grassendale Neighbourhood

Mobile Library

The Sudley area is served once a fortnight by Liverpool City Council's mobile library. It is situated outside the SARA Hall at the corner of Milner and Rundle Road, on Tuesday afternoons, from 3.40pm - 4.30pm.

Lift access available • Great selection of books

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Competition Time

There is still time to enter into our photographic competition!!

Open to adults and children alike, just enter a picture of your choice which conveys what living in the Sudley Area is all about. We have some beautiful entries already in, but there are lots of prizes to give away, with the winners being announced at the christmas fayre!!! You will also have your pictures printed in the next issue of the SARA Newsletter. Get those entries in before it's too late, to SARA Hall corner of Rundle / Milner road - closing date: Friday December 3rd. Make sure your name and address is clearly labelled on each picture. Good Luck!

New Competition!!!!!!!

This one is for under 16's only.

Would you like to win a groovy Fuji Nexia Q1 APS Camera? If so just answer this simple question: In the Star Wars Movies, The Bounty Hunter Jango Fet had a son who also became a Bounty Hunter, what was his name?

Send your answers via email to: newsdesk@sudley.org.uk or drop your answer into the SARA Hall letters box.

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TRIPS REVIEW

Edinburgh Tattoo - 13th August 2004

We left the SARA hall at 9.30am and our driver Tony gave us a safe and smooth drive to the Travel Inn in Edinburgh. The accommodation was excellent with a restaurant on the premises. The hotel was conveniently situated, being a ten minute stroll to Princes Street.

At 6.30pm that evening, the coach took us up to the castle for the 9.00pm performance. The Tottoo is a magnificent spectacle and enjoyed by all.

Saturday was a free day and the weather was good. The Fringe Festival was in full swing, so there was lots to see and do during the day.

Saturday evening there was an optional visit to the prison officers club, where the Bingo, Disco and Barwere enjoyed by all who went.

We left Edinburgh at 10.30am on Sunday stopping at Moffatt for 2 hours and arrived home at around 6.30pm.

A most enjoyable weekend with thanks to our helpful courier Norma (five star travel) and to Ken Divine, for organising the trip.

OSTEND • October 2004

This trip has been running now for quite a few years with tremendous success

More than 30 SARA members travelled to Ostend in October for a five day break. During the course of the holiday visits were made to the quaint Dutch border town of Sluis, Bruges with its lovely waterways and Antwerp with its beautiful buildings. All proved extremely enjoyable and interesting and apart from one wet morning during the drive to Antwerp, the weather was very kind indeed.

On our free day, the bargains in the weekly Market in Ostend proved invitingly tempting as also did such resorts as Blankenberg, easily reached by local tram.

Once again a really enjoyable holiday for which we must thank Ken. Without all his efforts, before and during the week, the holidays would not be possible. **'Many Thanks from all Ken'**.

Thanks also to our driver Frank who as always made our journey safe and comfortable.

We now look forward to our **'Tinsel and Turkey'** break to Bournemouth in December.

Don't forget to look out for the next edition of the 'Newsletter' in the Spring when details of next years holidays and day trips will be advertised!





Huddleston's Fish Shop
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Sudley Infant School Is 100 Years Old!!

It was on Monday 11th of January 1904 that Sudley Infant School first opened. There were 103 scholars who presented themselves for instruction. Only one third of the building, which was of corrugated iron was completed.

Miss Florence Davies was the head mistress at the time. In those days infants had to pay 1d per week to go to school and the older children paid 3d. This year on the 15th of October 2004 the school again opened its doors to past pupils.

Many previous pupils and teachers visited and they enjoyed looking around the class rooms and meeting the children, chatting about their school days. A number of old photographs were on display and they proved a favourite with the past pupils. Cries of, "Do you remember her?" and "Just look at those clothes!" were to be heard around the school. Our present children also enjoyed meeting past pupils of the school and a great day was had by all. **Mrs. M. Carson**



Can you recognise anyone from the class of 1948/49?

**Don't Forget Our Christmas Fair on Friday 26th of November
6.30pm - 8.30pm at Sudley Infant School Hall**

If you have any moments captured of the past that we could include in our next issue, please email us on: newsdesk@sudley.org or phone: 0151-726 0805



SARA Newsletter Celebrate

Letter from the Chair

This is 1st anniversary of our new look SARA newsletter and look how quickly the year has passed by. We have tried to involve all of the community and to make the Sudley area a better place to live. We have been able to include a few extra pages in this edition to celebrate.

Thank you all for your many comments, emails and letters, we do try to publish as many as we can.

Thanks also to all of the local businesses featured throughout the issues, without them we simply would not have been able to produce this newsletter. Please help support them by shopping locally as much as you can.

We would also like to give a huge thank you to all the residents' who volunteer their time to deliver the newsletter.

It's not easy, but there are over 2,500 homes in the Sudley area and each one gets a copy three times a year. Thanks once again.

We should remember that this is your newsletter, YES IT IS FOR YOU!!

We do want to continue to inform you on local issues, events and happenings and we know that between us we have a fantastic range of skills within the area, please keep up your support and keep those comments coming in.

If you can help SARA and the community in any way, please lend us your help. If you can write an article, interview a star, help with design or typing just call 726 0805 or email: newsdesk@sudley.org.uk

Places To Go • Things To Do For All The Family

Go Karting Northwest - Picton Road, Liverpool, Merseyside, L15 4LD, England

Tel: +44 (0)151 298 2006

Open: daily - 10:30 to 19:00

Paintball Zone - 46 Garthdale Road, Liverpool, Merseyside, L18 5HW, England

Tel: +44 (0)151 735 0011

Open: daily - 09:15 to 16:00

Barnston Horse-Riding Centre - Gills Lane, Barnston, Wirral, Merseyside, CH61 1AH, England

Tel: +44 (0)151 648 2911

Open: Tuesday to Sunday - 09:00 to 22:00

Croxteth Park Horse-Riding Centre - Croxteth Hall Lane, West Derby, Liverpool, Merseyside, L12 0HE, England

Tel: +44 (0)151 220 9177

Open: Tuesday to Sunday - 09:00 to 17:30

Admission: charge, discounts available for children

Burton Mere Carp and Coarse Fishery - Puddington Lane, Burton, Wirral, Merseyside, CH64 5SF, England

Tel: +44 (0)151 353 0115

Open: daily - 07:00 to dusk

Aquaventurers Diving Centre - Carlton House, 17-19 Carlton Street, Liverpool, Merseyside, L3 7ED, England

Tel: +44 (0)151 298 2120

Open: Tuesday To Wednesday, Friday - 09:00 to 17:30, Thursday - 09:00 to 20:00, Saturday - 09:00 to 16:00

Reef Revellers Diving Centre - The Aqua Complex, Westminster Road, Liverpool, Merseyside, L4 4LT, England

Tel: +44 (0)151 298 2020

Open: Monday to Friday - 09:00 to 21:00, Saturday and Sunday - 09:00 to 19:30

Liverpool Scuba Diving Club - Austin Rawlinson Sports Centre, North Parade, Liverpool, Merseyside, L24 2XB, England

Tel: +44 (0)151 486 3535

Open: Wednesday - 20:00 to 22:00

Ski Runcorn - Palacefields, Runcorn, Merseyside, WA7 2PS, England

Tel: +44 (0)1928 701965

Ski Runcorn, in the suburbs of Liverpool, is home to two large dry-ski slopes, ski-equipment hire, instructors, a ski shop and excellent skiing facilities.

Open: Monday to Friday - 12:00 to 21:00, Saturday and Sunday - 10:00 to 17:00

Admission: charge, discounts available for children

Liverpool Cricket Club - Aigburth Road, Grassendale, Liverpool, Merseyside, L19 3QF, England

Tel: +44 (0)151 427 2930

Cricket has a loyal following in Liverpool and the Liverpool Cricket Club is located in the Aigburth area of Liverpool, close to Liverpool city centre. This popular spectator sport regularly attracts large crowds and the Liverpool Cricket Club also features tennis court and bowling greens.

Open: Monday to Saturday - 11:00 to 23:00, Sunday - 12:00 to 22:30

Local Councillors Surgery Times

Local Councillors are available for you to speak with them regarding any local issues / concerns, every Tuesday 6.30pm - 7.30pm at St.Margaret's school during term time only.

Light & Fluffy Mini Christmas Puds



Serves 6

50g (2oz) dates, chopped
50g (2oz) large seedless raisins
50g (2oz) pitted prunes, chopped
3 tbsp fresh orange juice
100g (3.5 oz) soft margarine
50g (2oz) dark brown sugar
1 large egg
2 tbsp milk
150g (5 oz) self raising flour
1 tsp ground mixed spices

Sauce

300ml (1/2 pint) fresh orange juice
2 tsp arrowroot

Decorate

Grated rind of 1 orange or lemon

1. Place the fruit and orange juice in a bowl and set aside for an hour. In a bowl, beat together the margarine and sugar until soft and well blended, then beat in the egg and milk. Stir in the soaked fruit.

2. Sift over the flour and spices then gently fold in. Spoon into six greased individual pudding moulds or ramekins. Cover the puddings with pleated greaseproof paper and then tin foil. Gently steam for 40 minutes until firm to touch.

3. To make the sauce, place the orange juice in a small pan and bring to the boil. Mix the arrowroot with a little water then pour into the orange juice, stirring constantly until the sauce has slightly thickened.

4. Turn the puddings out onto serving plates and pour the sauce over and around. Decorate with the citrus zest and serve.

ates its 1st Anniversary!!!



Pride In Our Promenades • Your Views Are Needed!

After our recent article on Otterspool, we were delighted to be contacted by the Mersey Basin Campaign. Government money has been made available to improve Otterspool and the promenade and surrounding areas.

The Mersey Basin Campaign is keen to hear your views on how the money allocated can be used. This is your opportunity to change things for the better for all our futures.

The inserted page informs us on the progress made so far. You can contact **Iain Taylor** on 0161-242 8209 or by email: i.taylor@merseybasin.org.uk or **Kate da Cruz** on 0151-707 0110 or by email: kate.dacruz@cassassociates.co.uk

SARA Now Working Closely With Merseyside Police!

Inspector Bob Daly attended the SARA committee meeting recently to discuss issues of policing in our area. It is evident that there are many opportunities for future initiatives to aid crime prevention and make the area more secure and safe.

Prizes Wanted For The Tombola at the Christmas Fayre!!

If you have any unwanted gifts or unused and unwanted items, please donate them for our fayre. Phone: 726 0805, drop any items into the hall or contact any member of the committee. Thank You So Much!!

**SARA SWIMMING SESSIONS AT I.M.MARSH • FAMILY SWIMMING SESSION EVERY WEDNESDAY
7.00pm - 8.00pm • All Ages • Male & Female • Children accompanied by adult
GET FIT FOR THE SUMMER • Contact Jean 727 4912**

SARA would like to welcome Dave & Rita back to the management of the Otters Pool Brewsters bar and restaurant

For many years Dave & Rita have supported SARA in countless ways, particularly whilst previously managing the Otters Pool Brewsters Bar & Restaurant. We are delighted to welcome you both back to the Otters Pool and we wish you great success and support in the future.

STAY SAFE THIS FESTIVE SEASON

Remember
DON'T DRINK & DRIVE

**Have a Safe & Happy
Christmas!!!**

Iain's Barber Shop

282 Aigburth Road

Opening Hours

Mon: 8.00am - 6.00pm	Tues: 9.30am - 6.00pm
Wed: 8.00am - 6.00pm	Thurs: 8.00am - 6.00pm
Fri: 8.00am - 6.00pm	Sat: 8.00am - 4.00pm

No Appointment Necessary
Children Always Welcome



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Our History

Following on from our look at local history this issue we take a look at the history of our nearest park Sefton Park!

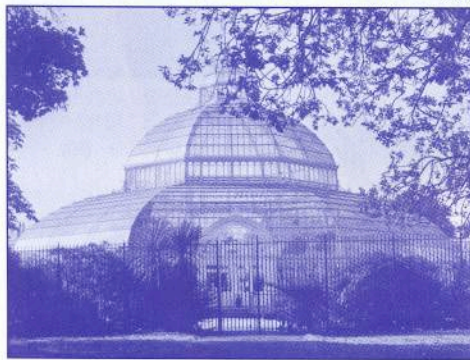
Sefton Park • Liverpool

As a child I spent many a day in and around Sefton Park. I am sure that many of us have happy memories of the park. Let us take a wander and explore some of the interesting facts about the park.

The 2,300 acre Royal Deer Park of Toxteth became 'disparked' in 1591. The land eventually came under the control of the Earl of Sefton. It remained his property until 1867 when the Corporation of Liverpool bought 375 acres at a reputed cost of £250,000, with the intention of constructing a large 'pleasure ground'.

As the town rapidly grew the green fields and woodland of Toxteth Park grew into narrow streets and courts packed with as many bodies as could possibly be squeezed into these tiny uninhabitable houses where the air was stagnant, there was little or no sanitation and running water consisted of one tap in the middle of the court, if they were lucky.

People needed to escape the squalor they were forced to live in. Slaney's Report to the Select Committee of 1833 sought to find an answer to this problem but the wheels of bureaucracy are slow to turn. Sir Joseph Paxton in 1843 was the first to lead the way with the first public park in the country in Birkenhead. It was modelled on Parisian Parks with serpentine paths and undulating ground.



The Palm House - Sefton Park

In the same year that Birkenhead Park was begun a private venture was taking place in Liverpool in the form of 40 acres which was purchased for £50,000 by Richard Vaughan Yates. This was the birth of Princes Park. Richard Vaughan Yates threw this land open to the public but encircled the park with plots of land for houses whose finances would be used for the upkeep of the park. The parkland was

landscaped and a tributary of the Mersey was constricted to form an ornamental lake.

The demand for large aristocratic mansions lay primarily in the South of Liverpool. In 1862 the Borough Engineer, Mr. Newlands, recommended a site for this development. An Act of Parliament in 1864 permitted corporations to borrow sums of money up to half a million pounds to be repaid over thirty years this allowed steps to be taken towards the purchase of land. Even though it was recognised that clean, fresh open spaces were now regarded as necessity it still caused an outcry that a quarter of a million pounds was extravagant and wasteful. As with neighbouring Princes Park plots of land on the perimeter were sold for housing which helped in the funding of the layout, and so the seeds were sown for the development of Sefton Park.

The Liverpool Corporation instigated a competition for the layout of the Park. Out of twenty nine entries from all over the country the competition was won by Edward Andre and Lewis Hornblower.

The plan was ambitious consisting of recreation grounds and plantations boulevards, roads, drives, an artificial lake. A large grotto built of huge blocks of sandstone forming a domed roof. A leafy glen was to be spanned by an iron bridge. An octagonal structure of steel and glass was constructed by a Glasgow firm. The Palm House stood majestically in the tradition of Paxton's glass houses and the Crystal Palace.

The Palm House was a gift from a member of Liverpool's old families, Henry Yates Thompson, who was the grand-nephew of the founder of Princes Park. It was open to the public in 1896. Henry Yates Thompson was born at Dingle Cottage in 1838 the eldest son of Samuel Thompson of Thingwall Hall. Thompson was called to the Bar but never practiced. He took up a political career, becoming private secretary to the Lord Lieutenant of Ireland. He later made three unsuccessful attempts to enter Parliament as a Liberal. It was thought that Thompson inherited most of the two million pounds fortune left by his Father. He bestowed much of this inheritance on his native City of Liverpool, including the conservatory in Stanley Park and the Palm House in Sefton Park.

The plan for the park was to cater for all aspects of Victorian taste, which proved to be a magnificent escape from the squalid, overcrowded streets of the City. Lewis Hornblower was a Liverpool architect who had been involved with both Birkenhead and Princes Park, where he had been involved in architectural work on features such as gates, bridges and lodge houses. The other half of the partnership, Edward Andre was to be involved in the landscape of the Park. He was a highly acclaimed Parisian landscape architect. His previous work was to greatly influence his work on Sefton Park.



Winter Views of The Lake - Sefton Park

Sefton Park led the way in providing pastimes by providing club houses and pavilions. Sefton Cricket Club played host to W.G. Grace at a charity match, and the Park became host to the Mersey Bowmen which was founded in 1790. There was provision made for bowling, model yachting, and horse riding on 'Rotten Row' on the perimeter of the Park.

Sefton Park is blessed with an abundance of statues. The first of these statues was that of one of the great political reformers William Rathbone (1787 - 1868). The Palm House exhibited some interesting sculptures including 'One whom the Gods Loved' by P. Park; 'Two Goats' by C. Lombardi; 'Europe' by V. Luccardi; 'The Angel's Whisper' by B. Spence; and 'Highland Mary' by B. Spence. It also featured a large ornamental bench in commemoration of Henry Yates Thompson. The eight corners of the Palm House are marked by eight figures depicting mariners and explorers such as Cook, Columbus, Mercator, and Prince Henry the Navigator and men of science and botany such as Darwin, Linnaeus, and the herbalist John Parkinson.

The Statue of Christopher Columbus is one of the most well recognised as it is felt that Columbus played a significant part in the growth of Liverpool and is known as the 'Maker of Liverpool'. After his discovery of America, Liverpool's subsequent trade with America grew bringing great wealth to its affluent merchants. Columbus Day, 12th October, is marked every year by the laying of a commemorative wreath at the statue of Columbus by the Anglo - Ibero-American Society.

The Park contains many interesting features, most well known being Peter Pan and Eros. The Peter Pan Statue was kindly donated by George Audley of Birkdale. The unveiling took place on 16th June 1928 in the presence of Sir James Barrie, the creator of Peter Pan. To celebrate the unveiling a pageant took place.

In 1932 Sefton Park was again the recipient of a replica this time the Eros fountain created in bronze and aluminium by Sir Alfred Gilbert. The Eros fountain was linked to the Samuel Smith obelisk by an exquisite avenue of elm trees. Unfortunately Sefton Park was one of the first areas in the country to contract Dutch Elm Disease.

To the Victorians a large house was a status symbol, a display of financial success and influence. The Council hoped to alleviate the cost of laying out the Park by selling plots of land. The Council set aside 160 acres of land hoping to lure wealthy merchants into majestic mansions, knowing how important the large family house would be to them.

The external side of the wide Boulevard was laid out entirely for villas and terraces forming a boundary. Each house was built to the owners specifications. By 1882 it was reported that fifty five villas had been built, mainly on Aigburth Drive and Croxteth Drive. By 1890 Aigburth Drive and Croxteth Drive were complete although the number of villas built was far less than first intended by Andre and Hornblower.

Unfortunately the skyline of Sefton Park has been interrupted by replacing a number of demolished villas by multi storey flats. Luckily the proposal of the 1950's to encircle the park with multi storey flats never came to fruition. Affluence is moving back to Sefton Park in the form of various exclusive apartments.

Although Andre's vision of Sefton Park may not have been that of an urban conservation area, but in more recent times this has grown more a vision of the future, with the introduction of new varieties of birds and butterflies. Times have changed greatly from the affluent Victoria era, but Sefton Park still remains one of the country's most significant urban parks. It has been assessed by English Heritage as an "outstanding" landscape, and is officially registered as a Grade 11 Landscape.

Sefton Park has survived many set backs including two wars. There are many issues that not only face our park but many through our country. We can only hope that Sefton Park will be there for future generations to enjoy.

If you are reading this and its been some time since you last visited the park, then ditch that TV set , get out of you arm chair and get down to Sefton Park the 'Park for the People'.



SARA's Top 10 Tips on Energy Efficiency

Keep your gas and electricity bills as low as possible!
We all know that our bills are set to rise but there are some simple steps that we can take to ease that burden which can also have positive effects on our environment as well!

1. **Insulation** - draw curtains at night to stop heat escaping and to reduce draughts. This can save you between £10 and £20 a year.
2. **Fridges and fridge freezers**-new fridges, freezers and fridge freezers sold by electrical retailers carry an energy efficiency rating label (A-G). A or B rated appliances are the most energy efficient.
3. **Home laundry** - avoid drying clothes on radiators as it lowers the room temperature, making your boiler work harder.
4. **Lighting** - install low energy light bulbs in rooms you use regularly - they last up to 15 times longer than a normal light bulb and provide the same lighting for a quarter of the running cost.
5. **Insulation** - insulate your loft with at least 150mm (6 inches) of fibreglass.
6. **Cooking** - when boiling vegetables, only use just enough water to keep them covered.
7. **Appliances** - always use the television's on / off switch. Don't leave it on standby as this wastes energy.
8. **Appliances** - Do not fill your kettle full if only making one or two cups of tea.
9. **Home heating** - turning room thermostats down by just 1 degree could cut up to 10 per cent off of your energy bill.
10. **Water heating** - if you've got an old thin lagging jacket, fit a new 80mm (3 inch) jacket over it - it will pay for itself in a matter of months.

New Health Cover Travel Forms For Europe

Travellers heading to Europe next year and staying longer than three weeks, have until December to renew the E111 form that gives you free or subsidised health care in Europe, or you face being charged for any medical services you may require. The old forms are being replaced by a new E111, which will last until the end of 2005. Then the UK will be part of a new Europe wide - European Health Insurance Scheme (EHIC).

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Aigburth People's Hall



New Members Welcome

Aigburth People's Hall is a Members' Social Club based in Aigburth Vale, we provide a convivial atmosphere for a quiet drink and the opportunity to meet old friends or perhaps make new ones or maybe a friendly game of Bingo (on selected nights)

Our Concert Room has Good Professional Entertainment each Saturday Night (See SARA events) (usually free of charge)

We hold many Sporting activities which include Bowls, Chess, Darts, Snooker, Table Tennis. The APH also run many teams Active Crown Green Bowling Green on site for Ladies & Gentlemen Televised Premier League Football on site. The function room is available for hire for Birthdays/Christening's etc • All Age Groups are Catered for

Very Competitive Bar Prices
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Leader News

339 Aigburth Road

**Merry Christmas
& a Happy Holiday
& a Prosperous New Year**
to all our friends & customers
from June, Mark & staff



**We need your help to produce this
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Churches Together in Aigburth

Church Services in the Sudley area over Christmas

Christmas Eve Celebrations December 24th 2004

6.30pm	Vigil Mass of Christmas at St.Thomas More
11.00pm	Holy Communion at St.Anne's
11.30pm	Carols, Readings and Mass at St.Thomas More

Christmas Day Celebrations December 25th 2004

9.00am	Holy Communion at St.Anne's
10.00am	Mass at St.Thomas More
10.30am	Family Service at St.Anne's
11.00am	Service at Aigburth Methodist

Please note: These are provisional times and events, as a complete listing was not completed at time of printing. Watch out for your complete listings in the **Churches Together in Aigburth** leaflet which comes through your letter boxes very soon!!

Other News

Street Traders Lose Court Battle

The long established street traders' of Liverpool have once again lost their battle in the courts.

After loosing their third court appeal, Church Street traders will have to move to adjacent streets by April 2005 or face eviction.

With Liverpool's Capital of Culture ever looming, the City Council have been growing increasingly anxious to resolve the situation once and for all. The nine year battle by stall holders looks to be drawing to a close.

Liverpool John Lennon Airport

Bosses at Liverpool John Lennon Airport are offering financial help to airlines to develop more routes into Liverpool.

The North West Regional Development Agency has created England's first ever Air Service Development Fund.

This three-year scheme will encourage investment in the development of new routes into airports in the north west, including Liverpool John Lennon airport.

Funding will only be offered for routes that will provide measurable economic benefits for the North West.

Do you know what the biggest killer is in our homes today?

Well it's the cold !

Lets not get caught out !! This winter with our temperatures set to drop, SARA with the help of the NHS would like to take this opportunity to help you to stay warm this winter.

Winter poses a threat to our older citizens. The figures show that last year at least 25,000 died from what we should consider avoidable causes.

As the weather gets cooler, people are more susceptible to diseases. A drop in body temperature also increases the risk of heart attack, stroke or breathing problems, and older people with chronic disease or a physical disability are at greater risk of complications.

Winter is a particularly dangerous time for the elderly, but a few simple precautions should see the cold season pass without concern.

Health alert

The key to a safe winter is preparation, say experts. Influenza can be deadly for the elderly, but having a flu jab – free for the over-65s – will avoid needless illness.

Knowing the symptoms of pneumonia could also minimise ill health. The condition, which can start with a cough, is a significant cause of death, disability and hospital admission during the winter months, accounting for more deaths than any other lung disease. In 1999, it killed more than 55,000 people aged over 75.

It's imperative that people get treatment as soon as possible. Taking antibiotics early on shortens the illness, reduces complications and reduces the risk of death. If left untreated, people can deteriorate quickly. You can call the NHS Direct, NHS walk-in-centres or the local GP on-call services."

Turn up the heat

For those worried about paying for extra heat during the winter months, there are benefits available such as the annual winter fuel payment (£200). Cold-weather funding and warm-front grants may also be available to people on income support.

There are also grants available to help us insulate our homes and improve energy efficiency.

South Liverpool **NHS** Primary Care Trust

Normal internal temperatures should be in region of 21°C (70°F) for the rooms where you spend the most time.

There are simple and cheap measures that can be taken to keep the cold at bay. People should wear lots of layers of clothing inside the house, including bed socks and a hat. You might feel silly, but it's a vital means of protection in cold weather.

Eat well feel well

It can be important to think ahead about your eating, drinking and exercise habits. Eating at least one hot meal a day and topping up with hot drinks will insulate the body against the cold, and exercise is also an effective energy booster.

It is important to eat a variety of staple foods such as bread, cereals, dairy products, fruit and veg, meat, fish, eggs and pulses.

Remember to keep your cupboard well stocked in case you have difficulty getting out to the shops because of bad weather. Don't be afraid to ask a neighbour to pick up some additional items for you if you run short!!

It's also important to keep your fluid levels up. You should be aiming to drink between six and eight glasses or cups of liquid a day. It might also be a good idea to prepare a thermos flask of a hot drink to have by your bed in case you wake up in the night feeling cold.

On the move

Activity can also help you stay healthy. When the weather is cold it can be beneficial to keep on the move.

Sitting still for long periods is not good for your circulation and will also cause your body temperature to cool down. You can try and spread chores throughout the day.

It's also worth taking up some form of exercise, even if it just involves going for a walk.

If you live next door to an elderly citizen. Do something positive this winter !!

Take some time and look out for them. See if they need a helping hand, some shopping or just a quick chat.

You can and will make all the difference.

Have Your Say!!

As a parent with young children attending Sudley Infants and Pavilion Pre-school, the school run twice a day is becoming increasingly hazardous and stressful. Luckily I live quite close to both schools so I walk most times, but I do have three roads to cross each morning and evening with three children in tow.

What we have to contend with however can be horrendously frightening. In the morning there is a combination of parents and commuter's battling to get from one road to another, then speeding off in frustration as they emerge from the traffic pile up, only to cause walking parents and children to scurry for safety.

Then, when all children have been safely deposited within the school walls, the race by parents to reach work in time, often results in some really scary, almost road rage moments.

I wonder if there are any future plans to make the roads safer at school times? Yes indeed, things do seem to be in motion for traffic calming measures to be implemented around the school. Plans have been submitted to the city council and when we hear of the outcome we'll definitely let you know!!

Do you have a view? Let us know what you think.
email: newsdesk@sudley.org.uk or phone: 0151-726 0805

Your Letters



Dear SARA

As a local magistrate residing within the SARA area, I have had first hand experience of the merits of the alley gates. In fact I would go so far as to say that (in helping to reduce and solve crimes such as burglary) Alleygates are worth their weight in gold.

Householders should be aware that Alleygates provide added security, whilst no security measures are 100% guaranteed, they do contribute to crime prevention in a most effective and efficient manner.

Further, I also believe that (far from decreasing the value of a person's property) they increase it, therefore the gates can surely be seen as a bonus.

Overall, I for one feel that Alleygates should actually be renamed "Security gates" - as perhaps subconsciously, people would register and recognise their intrinsic value.

I would like to say that we should all join together as one voice, in our efforts to keep our local areas safe and secure for ourselves and our children. The gates are nor a waste of public money, they are a bonus.

We should look long and hard before rejecting Alleygates, we are a democracy and the wishes of the majority should surely hold sway.
Many Thanks.

SARA says:

It is great to get a point of view from someone who experiences at first hand the positive consequences of having Alleygates.

Dear SARA

Regarding your request for views on the Otterspool Park: the author laments the condition of the park at the present time. With regard to the "sorry state" and the neglect of the city council, the derelict café's are certainly an eyesore and much could be done. However, the overgrown condition of certain areas, particularly that area off the main path near to Jericho Lane, has proved a haven for wildlife. To a public brought up on neat flower beds and manicured lawns I can understand anything less would be seen as unsightly - beauty however is very much in the eye of the beholder.

As a former city council gardener and wildlife enthusiast I would like to commend the council for its neglect, in some respects of the park, albeit unintentional.

SARA says:

Thanks for your views, but I do think the author on the Otterspool Park, was right in respect that the park should be a safe and welcoming place to be. Wild life should always be encouraged, but there is a fine line between a little overgrown and a sense of fear when walking through the main gates at Jericho Lane!

Thank You so much for your comments - Keep them coming in!!!
email: newsdesk@sudley.org.uk or phone: 0151-726 0805
or simply drop us a line to SARA Hall, Rundle Road.

Word Facts

Pretty

In Old English Pretty (then spelled *prættig*) meant clever in a bad way: 'cunning or crafty'. The word comes from a West Germanic base meaning 'trick'. In the Middle Ages Pretty meant 'clever, skilful or ingenious': one might find references to 'a praty (pretty) man of pure wit', 'a pretie philosopher', or 'a very pretty way to escape'.

Advertising Feature

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Did You Know?

More than 1,000 years ago and possibly much later, Aigburth, as part of the Toxteth Park Forest, was known as "*The place of the Oaks*" and "*Oak Tree Hill*", because of the old English trees which grew in abundance, also covering Mossley Hill. Its ancient name of Akeberth comes from the Anglo-Saxon "*ac*" (oak), combined with a derivative of "*beran*", meaning to bear or produce, but it is not mentioned in the Doomsday Book.

Because of its proximity to the river, it is thought the area was first occupied by the Celts and later by the Norsemen, who certainly sailed up the river.

Letter to the usual email address: newsdesk@sudley.org.uk or Phone: 0151-726 0805
Or please drop your comments in the SARA Newsletter comments box, SARA Hall.

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Local Sport

SUDLEY GET A NEW FOOTBALL TEAM

Following our article in our last newsletter S.A.R.A are very proud to announce that the Sudley area now have a new under 9's football team for our local children. **Sudley F.C.** is now up and running and has already started training for the seven a side Mossley Hill Junior Football League. These bright young hopefull's train every Sunday on Sudley field, from 12.30pm to 1.30pm.

S.A.R.A released £500 and have sponsored the teams football kit and training equipment including goals and balls etc. We hope to continue to report on the teams progress in future issues of the newsletter.

If you would like to be a part of this promising new team and your date of birth is between 01/09/95 and 31/08/96, just pop along to training or contact the team manager, Darren Quinn on 0151-283 7184.

Sudley F.C. will start playing in the Mossley Hill Junior Football League in January 2005 - **GOOD LUCK TO SUDLEY F.C!!!**



YOGA

Yoga is a complete workout for the mind and body. It helps improve strength and flexibility and aids relaxation. These "hatha" yoga classes concentrate on the physical practices of yoga including breathing techniques. Each class ends with a relaxation session. Classes are open to all ages and levels of ability. (Look at SARA Hall events, below for details)

PHIL, BARNARDO'S AND THE NEW YORK MARATHON

Our local athlete Phil Mylotte who has spent time with double Olympic gold medal decathlete Daley Thompson getting some training tips, has recently participated in the New York marathon on November 7th.

Daley Thompson is Barnardo's running patron and Barnardo's is Phil's business charity. Phil has helped raise over £2,000 this year for Barnardo's, for desperately needy children in Liverpool and surrounding areas.

Well done Phil!!!

SARA Hall Weekly Events

Monday

Hair, Beauty & Self Image 9.30am - 11.30am
Nikki's Fitness Factory - Body Conditioning 7.00pm - 8.00pm
Nikki's Fitness Factory - Hi-Lo Aerobics 8.00pm - 9.00pm

Tuesday

Tea Dance 2.00pm - 4.00pm
Introduction to Spanish * 6.00pm - 8.00pm
Mobile Library (Fortnightly) 3.40pm - 4.30pm

Wednesday

Computers * 9.30am - 11.30am
Yoga * 6.30pm - 8.00pm
Swimming @ IM Marsh Campus 7.00pm - 8.00pm

Thursday

Craft For All * 9.30am - 11.30am
Gardening * 2.00pm - 4.00pm
Liverpool Tai Chi Club 7.00pm - 8.30pm

Friday

Introduction to Computers * 9.30am - 11.30am
Art Class * 1.00pm - 3.00pm

* Indicates LINC Class

The SARA Hall is also available for hire for special occasions such as Birthday Party's, Christening's, First Holy Communions etc. The Hall is an ideal size for disco's and games. For as little as £22 for 2 hours and £6 for each additional hour thereafter, a £10 deposit is required at time of booking, contact 0151-726 0805 and leave your contact details and date / time required for your party and someone will get back to as soon as possible!!! **Sorry no Bouncy Castle's!**

* Yoga classes: contact Philippa Bellis on 0151-727 3133 • Cost: £4.00 per session

If you are a local business and would like to advertise in the next edition of the newsletter or a sporting club who would like representation, please contact SARA by email: newsdesk@sudley.org.uk or telephone: 0151-726 0805 where we would be more than happy to help.

SARA Newsdesk: newsdesk@sudley.org.uk • 0151-726 0805

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