

NEWSLETTER

SUDLEY AREA RESIDENTS' ASSOCIATION

SARA Hall, Rundle Road, Aigburth, Liverpool L17 0AQ

Telephone: 0151 726 0805 Email: secretary@sudley.org.uk

Registered Charity No. 508950

January 2013, Issue No. 28



CHRISTMAS FESTIVITIES AT SARA

For the festive season, SARA hosted a 5-day Turkey & Tinsel holiday to Harrogate. The year was rounded off with a festive night held on Friday 7th December.



The two events raised funds for our Charity of the year, KIND totalling £211.46. An interim amount (April - Dec 2012) of £737.00 was sent to KIND for their annual Christmas Hamper Appeal.



SARA Holidaymakers enjoying the Turkey & Tinsel Holiday in Harrogate

SARA SPRING HOLIDAY 2013

The Best of Scotland with Highland Heritage

5 Days/4 Nights, Dinner, Bed & Breakfast from **Sunday 14th - Thursday 18th April 2013** at the **Ben Doran Hotel, Tyndrum**. Entertainment and Excursions included.

The cost is £156 per Person (Single Supplement £20). A Deposit of £30 per person is required and holiday insurance is advisable. For further details, telephone 0151 726 0805.

EVENTS & LECTURES AT S.A.R.A. HALL

— The Liverpool —
SHOWTIME GROUP

SARA will host an evening of entertainment from **The Liverpool Showtime Group (formerly the Liverpool Harmony Singers)** on **Friday 8th February 2013** at 7.30pm. Tickets are £3.50 and tea/coffee & biscuits are included.

THE TERRIBLE TALE OF GIN

On **Friday 26th April 2013** at 7.30pm, our guest speaker **Michael Murphy** will give an amusing account on the history of Gin through the ages. Tickets are £2.50 and tea/coffee & biscuits are included.

SARA ANNUAL GENERAL MEETING

On **Friday 7th June 2013** at 7pm, our guest speaker will be **Stephen Yip MBE**, founder and CEO of the Liverpool Charity KIND. The talk will be followed by refreshments before the **AGM of Sudley Area Residents' Association** which will commence at approximately 8.15pm. Both are free to attend but for catering purposes, please do call for a ticket.



Tickets for any of the above events, please call SARA Hall on 0151 726 0805.

BOOKS AT GIVE AWAY PRICES

Looking for a good book? Check out the bookshelf at SARA Hall. Paperbacks 25p each or 5 for £1! All proceeds to SARA's charity, KIND. Why not drop in on **Thursdays between 9.15 - 11.30am** and have a browse.

Can you help...? Volunteers needed to deliver the Newsletter to residents in Hillview and Alresford Road.



Find us on
Facebook

<http://www.facebook.com/sudleyarearesidentsassociation>

DON'T HELP THE BURGLARS...

There have been a number of burglaries in our area and these will no doubt be on the increase with the darker nights. Please be aware that by leaving wheelie bins in back entries it assists those wanting to gain access to backyards. You may just as well leave a ladder out propped up against your wall!

It has also been reported to SARA that instances of wheelie bin fires are on the increase – another reason why people should take their bins in. We have heard horrendous stories in the media of injuries and even fatalities where bins have been set alight in close proximity to houses.

Take your bin onto your property please and of course, where these are in place, keep alleyways closed.

CHINESE LIVERPUDIANS: HISTORY OF THE CHINESE COMMUNITY IN LIVERPOOL

by Maria Lin Wong

For those of you that are interested in the different cultures that make up the kaleidoscope that is modern day Liverpool, this is one of a number of books that highlight the origins and growth of the Chinese community in our City. The book is based on the recollections of a relatively small number of Chinese-Liverpudlians, it is not a definitive study but simply gives the reader an insight into the origins and lives of an important group of people and how it began and what life was like for families of mixed parentage.

The book traces the history of the Chinese community from the first individuals, usually sailors in the mid nineteenth century up to the late 1960's. The majority of Chinese who arrived in Liverpool prior to 1920 had come from Guangdong Province and Hong Kong, and were mainly men, this led to many mixed marriages. The children of Anglo-Chinese families shared the benefits of

two distinct cultures and the book illustrates the benefits and disadvantages this led to. The book will remind those who have seen the progression of the Chinese community through the years from the decline of Chinese Laundries through to the ever increasing popularity of Chinese food, from the "the Chinese Chippy" to the current more sophisticated Chinese restaurants. I'd recommend the book to all those who appreciate the wealth of culture that the Chinese have brought into our community.

The book is available from "News from Nowhere" at 96 Bold Street for £3.75

NEW YOGA COURSE AT SARA HALL

A new course, Yoga for Stress Relief and Relaxation, starts at SARA Hall this month. The ten-week course is suitable for those with work-related stress; conditions such as HBP, IBS, anxiety, muscular tension and anyone who wants to slow down and chill out. Start date: January 14th, 7.45 – 9.15pm. Contact BWY Teacher - Philippa Bellis on pipbellis@hotmail.com or 727 3133.

COLLECTION FOR BRITISH TROOPS

In September, local residents and members of SARA were busy collecting items suitable to pack in shoeboxes for sending to our British Armed Forces serving in Afghanistan.

The collection resulted in several hundred items being packaged for onward travel to Afghanistan, and were hopefully received in time for Christmas.

NEWSLETTER FREQUENCY

The SARA Newsletter will be produced only twice a year rather than 3 times, in January and July. Events that happen outside of this will be advertised at the Hall or in local shops. Also check our online calendar at www.sudley.org.uk/timetable

MEMBERSHIP FORM FOR SUDLEY AREA RESIDENTS' ASSOCIATION

Name:

Address:

Telephone:

Email:

Please complete this form and return to

The Secretary, SARA Hall, Rundle Road, Aigburth, Liverpool L17 0AQ

We respect your right to privacy and will keep safe any personal details that you give us in line with the UK Legislation on Data Protection.

REGISTER OF MEMBERS

Charity law requires us to keep a register of members and we are currently seeking to update this. SARA's activities are open to all without the need for membership. However, every volunteer run organisation needs supporters and anyone is eligible to join SARA.

We already have a significant number of helpers but not all have formally joined us in membership. We are now asking that you do so by completing the form opposite and sending it to **SARA Hall, Rundle Road, Liverpool L17 0AQ**. Alternatively, telephone **0151 726 0805** and leave your details on the answerphone or email these to **secretary@sudley.org.uk**

A DAY OUT WITH A VIEW

by Dave Antrobus

During September I was persuaded to take the train around Snowdonia. We left Bidston Station (on the Wirral Line) for Wrexham after purchasing the ticket known as the "Ffestiniog Round Robin." The trip uses the Arriva Trains Wales circuit of Snowdonia. The first change is at Wrexham Central for Shrewsbury (7 minute wait) From Shrewsbury you change for Machynlleth (14 minute wait). At Machynlleth the train divides and half goes to Aberystwyth and our half is off to Barmouth, where we left the train and spent almost two hours enjoying eating fish and chips from one of the many restaurants in the small town of Barmouth. Some of us also sampled the local beer, excellent! From Barmouth we boarded the train for Porthmadog, where we enjoyed afternoon tea during an hour stop before taking the Welsh Mountain Railway (narrow gauge) to Blaenau Ffestiniog. Here you again pick up the main line train (17 Minute wait) for Llandudno Junction. There is a wait of 18 minutes before speeding off to Shotton Low Level before the final change from Shotton High Level back to Bidston. The weather and views were excellent, Barmouth and Porthmadog were places that we used to holiday in 40 years ago, and very little has changed since then (except the price of fish and chips). We all had a great day out and the train fare from Aigburth Station cost less than £25 (with a senior rail card). For those wanting a full day out, 6.30am train from Aigburth and arriving back before 10 pm, this is the trip for you.



SPOTLIGHT ON LARK LANE

Lark Lane was purpose-built as a shopping street to serve the community growing up around Sefton Park in the latter part of the 19th century, from mansions to terraces. Nowadays you will find an eclectic mix of shops and restaurants, some in the original buildings,



some more modern.

The main focus of activity in Lark Lane is one of the surviving Victorian buildings, the Old Police Station, built

in 1885 and now in use as a community centre. This was chosen as the home of a heritage lottery project which aimed to widen the awareness of all sections of the local

community of the heritage around them. They have produced a Heritage Trail leaflet for the area around Lark Lane, copies of which can be obtained from the Old Police Station.

Also of interest in the Old Police Station is the cell in which Florence Maybrick was held during the night of 14th May, 1889 whilst awaiting the inquest on her husband James Maybrick of Battlecrease House, held at Garston Reading Room the following day. Most of you will know that Florence was convicted of poisoning James and condemned to death, though this was commuted to life imprisonment by Queen Victoria following a public outcry. A leaflet detailing this notorious case is also available from the Old Police Station, and it is possible to view the cell and the small exhibition it contains.

Although bars and restaurants predominate today, it's interesting to see from Kelly's 1936 trade directory the variety of shops there used to be: apart from the fruiterer, fishmonger, grocer, newsagent and other essential services, there was a watchmaker, milliner, pastrycook, cleaner and dyer, dairy, bootmaker, Chandler, cycle dealer and tailor, to name just a few. Does anyone remember Miss Cameron the subpostmistress, Walker's wine merchants, Miss Bridge at the art needlework repository, Mr Stevens the hairdresser, Mr Perkins the pharmaceutical chemist, Christ Church Schools, Mr Lockyer at the chippy?



20TH CENTURY CHIC: 100 YEARS OF WOMEN'S FASHION

Selected from the costume collection of the National Museums Liverpool, a new exhibition will open at Sudley House on 16th February. The display features twelve evening outfits dating from 1900 to 2000 and aims to show the changing shape of fashion and how fashion

A colorful advertisement for 'Party Time at S.A.R.A. Hall'. The text is in a playful, bubbly font. It says 'PARTY TIME AT S.A.R.A. HALL' in large letters, followed by 'Hold your children's parties at S.A.R.A. Just £25 for 2 hours and £6 per hour thereafter.' and a phone number '0151 726 0805'. The background features colorful balloons.

Day Trips for 2013

<u>DATE</u>	<u>DESTINATION</u>	<u>COST</u>	<u>BOOKING DATE</u>
Tuesday 26th February	Fleetwood & Bourne Poacher <small>(includes 3 course meal and entertainment - Deposit of £6 required)</small>	£26.00	from Tue 8th January
Tuesday 26th March	Bolton Market & Boundary Mill	£12.00	from Tue 5th March
Wednesday 24th April	Barden Mill <small>(includes lunch and cruise)</small>	£26.00	from Wed 3rd April
Wednesday 29th May	Bury Market & Oswaldtwistle Mill <small>(includes 45 mins. Steam train trip through scenic Irwell Valley)</small>	£16.00	from Wed 8th May
Thursday 27th June	Llangollen <small>(includes Canal Cruise from Pontcysyllte via Aqueduct)</small>	£20.00	from Thu 6th June
Wednesday 24th July	Mold Market & Llandudno	£12.00	from Wed 3rd July
Monday 19th August	Cheshire Oaks & Chester	£12.00	from Mon 29th July
Friday 27th September	Shrewsbury	£12.00	from Fri 6th September

Bookings may be made by telephone to 726 0805 (answerphone) on or after the date shown above. Please leave your name, telephone no. and no. of seats (max 4 seats per call) and we will get back to you to confirm. *(Note the earlier booking date and deposit for February trip.)*

Film Nights 2013

Fridays at 7 pm:

*25th January, 22nd March, 24th May,
26th July, 13th September and
22nd November*

All welcome - Free Admission
Film details can be found on the notice
board in SARA Hall

Table Sale Dates 2013

Saturdays at 10 am:

*19th January, 16th February, 16th March,
20th April, 18th May, 15th June, 20th July,
17th August, 21st September, 19th October
and 16th November*

Tables £7 / Admission 20p

A table costs £7 payable at the time of booking. To book for any of the dates listed above call 0151 726 0805. If you are looking for a bargain pop in for a browse and perhaps have a coffee - admission only 20p.

S A R A H a l l W e e k l y E v e n t s

For weekly updates, please visit <http://www.sudley.org.uk/timetable.html>

Monday

09:00 - 11:00 Sure Start Sessions
13:45 - 15:45 Passion for Painting
17:30 - 18:30 Karate (age 5+ Boys & Girls)
18:30 - 19:30 Karate for Adults
19.45 - 21.00 Yoga for Stress Relief & Relaxation

Tuesday

10.00 - 12.00 Learn to Paint with Acrylics
13:30 - 15:30 Tea Dance
19:30 - 21.30 Wu Shu Kwan

Wednesday

09:30 - 11:30 Yoga
13:00 - 15:00 Craft/Card making
17:00 - 18:00 Circuit Training
18:30 - 20:00 Yoga
20.15 - 21.15 SARA Trustee Meeting (1st Wed. of the month)

Thursday

09:30 - 11:30 Craft
14.00 - 15.00 Sure Start Session
17:30 - 18:30 Karate (age 5+ Boys & Girls)
19.00 - 22:00 Wu Shu Kwan

Friday

09:00 - 13:00 Session Available

Saturday

10.00 - 12.00 Cllr. Hurley's Surgery (1st Sat. of the month)

Class contacts:-

Sure Start on 0151 233 5399
Yoga contact Philippa Bellis on 0151 727 3133
Painting Classes contact the WEA on 0151 243 5340
Karate contact John O'Neill on 07590 309462
Wu Shu Kwan contact Steve Bishop 07525 032511
Circuit Training contact Josh McCauley 07545 246351

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All articles and information are accepted on individual merit and in good will.