

# SUDLEY AREA RESIDENTS' ASSOCIATION

SARA Hall, Rundle Road, Aigburth, Liverpool L17 0AQ

Registered Charity No. 508950

## Newsletter August 2010 Issue No. 21



### AGM of Sudley Area Residents' Association

The AGM of the Association was held on May 21<sup>st</sup> 2010. The Chairman in his annual report gave an overview of the year and referred to the level access entrance to SARA Hall that had now been in use since June 2009 and which had proved extremely useful to users of the Hall.

He also referred to the finalisation of alley gating in the Mossley Hill ward – seven years after the first gates were erected.

Due to a fall off in applications, the Youth Recognition Awards piloted by SARA in 2008 had been discontinued and the Trustees had decided to revert to a Charity of the Year for its charity giving. For 2010/11 the recipient Charity would be KIND.

Regarding the finances of the Association - he indicated that the income and expenditure for the year had remained reasonably stable and very similar to the previous year.

A couple of minor constitutional changes were agreed at the meeting.

Nine Trustees for the year 2010/11 were elected and from their number three officers were elected unopposed: -

Chairman: Barbara Fielding; Secretary: Dot Caples and Treasurer: Ray Brown.

After the business of the meeting a presentation was made to the retiring Chairman, Steven Kearney, who had done so much to raise the profile of SARA. During the period of his involvement he had taken on all three of the Officer roles at different times since 1999. He was thanked for all his hard work and wished good luck and happiness in his life after SARA!

### Mothers of the City: 20 Outstanding Liverpool Women

Prior to the AGM we were treated to a lecture by Michael Kelly, author of the book *Mothers of the City: 20 Outstanding Liverpool Women*. In an interesting and very informative talk, Michael briefly outlined the lives of these twenty very different women. Some names, such as Bessie Braddock, Kitty Wilkinson and Ethel Austin were very well known. Others were perhaps less well known, but once Michael had mentioned their achievements, memories were re-kindled. Women from very different backgrounds for example Eleanor Rathbone and Lizzie Christian were represented. Margaret Kelly (no relation to Michael) was the famous Miss Bluebell and Dame May Whitty, well known actress, was one of the founders of the actors' union Equity. To finish on a sporting note, Lottie Dodd was a five-time winner at Wimbledon! Listening to the achievements and life stories of these women was both a humbling and an inspiring experience.



### Volunteering with SARA

As you will see from the AGM write up, just 9 people put themselves forward as Trustees and were elected for the year 2010/11. The Trustees are the people who take responsibility for running SARA on a day-to-day basis. The programme of weekly events is listed on the back page and this part of SARA's work can be dealt with quite comfortably by Committee members.

However, other activities do require a greater commitment from volunteers and with such a small group to call upon it can sometimes prove difficult. For example:-

#### Cinema Club

The cinema club (which is open to all) is held once a month, on a Friday evening as a community activity and we would certainly wish this to continue. As a back-up to the small group of volunteers who currently help to set up the room for the film – either during the afternoon or early evening – we would really appreciate some able-bodied (and, in the case of setting up the screen, tall!) assistance with this on a regular basis.

#### Delivering the Newsletter

In the last issue we asked for volunteers to help to deliver the Newsletter. We are delighted to report that, with just one exception, the roads listed now have new delivery people – **THANK YOU**.

However, since then, other roads have fallen back onto the Committee. So, if there are people out there who could help with the following, we would be really grateful:

**Gorselands Court; Kelton Grove; Mersey Road; St. Anne's Road and Grove, Crescent and Maybank.**

The commitment is only to deliver the Newsletter three times a year. If you are able to assist, please phone the Hall on 726 0805 (answer phone). We look forward to hearing from you.

## SARA Programme 2010

### WEA Classes

#### **Painting and Drawing for All**

**Tutor: Gordon Brown**

10 meetings Mondays 13:45 - 15:45  
starting 20<sup>th</sup> September 2010  
Fee: £60 or Free to eligible learners\*

#### **Local History**

**People, Places & the Sources of Liverpool**

**Tutor: Heather Butler**

10 meetings Tuesdays 10:00 - 12:00  
starting 28<sup>th</sup> September 2010  
Fee: £60 or Free to eligible learners\*

*Free places are usually available to learners who meet LSC criteria for full remission. In general terms, eligible learners are either in receipt of a means-tested benefit, or are dependent on someone who is. Please check with the WEA on 243 5340 if you are unsure about your eligibility.*

#### **Music for Pleasure**

**Tutor: Betty Roberts**

10 meetings Wednesdays 10:30 - 12:30  
starting 29<sup>th</sup> September 2010  
Fee £40

Contact the Hall on 726 0805 and we will put you in touch with the tutor

**The following activities take place throughout the year:**

#### **Junior Karate**

Mondays & Thursdays 17:30 - 18:30  
Contact John O'Neill on 07590 309 462

#### **Adult Karate**

Mondays 18:30 - 19:30  
Contact John O'Neill on 07590 309 462

#### **Yoga** (Beginners Welcome)

Mondays 19:45 - 21:00 / Wednesdays 18:30 - 20:00  
Contact: Philippa Bellis 727 3133

#### **Tea Dance**

Tuesdays 13:30 - 15:30

#### **Liverpool Pilates**

Tuesday & Thursday Evenings and Friday mornings  
Sessions must be booked in advance  
Contact Sarah Johnson on 724 2060 or  
[www.liverpoolpilates.co.uk](http://www.liverpoolpilates.co.uk)

#### **After School Tuition**

Wednesdays 16:00 - 17:00  
Contact Nicky on 07909 884 612

#### **Wu Shu Kwan**

Wednesdays 20:15 - 22:15  
Contact Steve on 07525 032 511

#### **Self-Help Craft Groups - No Tutor**

#### **Card Making**

Wednesdays 13:00 - 15:00  
Contact: 726 0805

#### **General Craft**

Thursdays 9:30 - 11:30  
Contact: 726 0805



Church and Mossley Hill Children's Centre has been delivering services from SARA Hall for the past few months and these activities have proved very popular with local parents & children.

Jumping Jacks on Monday mornings is a physical activity session disguised as fun and has proved so popular that we now run two sessions in order to accommodate everyone who wants to come along: "Very entertaining for all the children's ages. My 3 kids love it"; "Great way to start Monday"; "Loved all of it & great to have a group in this area".

We also run a Story and Rhyme Time on Friday mornings which uses stories, rhymes and songs to increase children's speech, language and listening skills as well as giving parents and children the chance to meet other local families in a friendly, relaxed atmosphere.

More recently we have started to run a 10-week baby sensory class which is designed to support parents with the learning and development of babies. As well as being lots of fun it includes baby exercise, signing, action songs and developmental play.

Our new centre on Herondale Road (next to Dovedale Infant School) opens in September but we will still be delivering services from SARA Hall for families in the local area. If there are any particular activities you would like to see please let us know by ringing us on 0151 233 5399 or emailing [churchandmossleyhillcc@liverpool.gov.uk](mailto:churchandmossleyhillcc@liverpool.gov.uk) and watch out for information about our centre open days in September.

**A Sure Start Children's Centre**

# SARA Day Trips

## York

On Tuesday 23<sup>rd</sup> March we had a day trip to York arriving at 11am this was the first trip this year. York is a very beautiful city with the spectacular Minster, Museums and The Shambles full of old curiosity shops. It is also a very good shopping centre with plenty of places for lunch. We left at about 4.30pm and, despite the day being a bit chilly, the heavy traffic and torrential rain coming back on the motorway, a good time was had by all. The on board raffle for KIND raised £53.50

## Llangollen

On Monday, 26<sup>th</sup> April we visited Llangollen in North Wales. The coach driver took us on the scenic route going over the Horseshoe Pass where the views were stunning and we arrived at Llangollen at about 10.30am on a beautiful sunny day. There was plenty of time to stroll in the park by the River Dee and look around the shops before lunch. After lunch we were taken by coach to the Wharf at Froncysyllte to board a motorised barge (*The Thomas Telford*) for a two hour cruise up the Llangollen Canal back to Llangollen over the Pontcysyllte Aqueduct. The countryside was splendid in the sunshine and everyone enjoyed the cruise. We arrived back at Llangollen at 4.30pm where the coach was waiting to take us home. The raffle raised £49.

## Fleetwood and Cleveleys

On Tuesday 25<sup>th</sup> May 42 of us boarded a very swish Corporate coach with lovely leather seats, and set off for the Fylde coast. Our first stop was Fleetwood Market, where we spent an hour seeking bargains (a few were found!) As we arrived at Fleetwood the drizzle we encountered on the way cleared, and the afternoon was fine and quite sunny.

We re-boarded our coach, for the short journey to our main destination, The Bourne Poacher at Cleveleys, a lovely Restaurant, with a high beamed ceiling, and enormous fire-place with a mantle that must have used a large tree trunk!

After a welcome from the host Derek, we were served an excellent 3-course meal, followed by entertainment - a singer who had us all

singing the old, well-remembered songs, including a World War II medley, which involved lots of flag waving.

A game of Bingo followed, and our group did well. A raffle was held on behalf of the Air Ambulance and again the prize was won by a member of our party. There was also time for dancing and all the staff joined in and encouraged us onto the dance floor. The day ended with coffee/tea and biscuits.

It was then time to return to our coach where we had our usual raffle (which raised £43.50) and then after being waved off by the staff, our excellent driver Paul drove us all back quickly and safely to SARA Hall arriving approx 7 o'clock. The end of a super day out, enjoyed by all.

## Betws-y-Coed and Llandudno



On another warm and sunny day on 29th June, a group of 50 joined our coach for a visit to North Wales. After a trip through beautiful winding country lanes, passing through Ruthin and villages such as Cerrigydrudion and Pentrefoelas, we arrived at Betws-y-Coed in time for morning coffee and a short browse around the local area.

We then continued to Llandudno in time for lunch and to enjoy the many delights of the town. Most took some of the time to stroll along the sea front where there was a little more breeze but still warm and sunny. Another most enjoyable outing with SARA. - The raffle raised £51 for KIND.

## SARA Festive Evening

Friday 3<sup>rd</sup> December 2010

Live Entertainment with  
Mike Doody



Tickets £4  
Available from  
1st October

## Troops Shoe Boxes

SARA will again be taking donations for a 3-week period commencing 1<sup>st</sup> October, 2010. Shoe boxes will be made up in early November.

Please check at the Hall for details of what items are required/allowable before you make any purchases.

## Sudley Area Residents' Association Contact Details

S.A.R.A. Hall, Rundle Road, Aigburth, Liverpool L17 0AQ  
Tel: 0151 726 0805 Email: dot@dotcapes.wanadoo.co.uk

**IT'S PARTY TIME AT S.A.R.A. HALL**

Hold your childrens parties at SARA from £25 for 2 hours and £6 for each additional hour thereafter

**726 0805**

sorry, no bouncy castles!

# Day Trips 2010

<u>Date</u>	<u>Destination</u>	<u>Cost</u>	<u>Booking Date</u>
Thursday 26 August	Morecambe	£11	from 5 August
Wednesday 13 October	Salford Quays	£20	from 22 September

(including Lunch, Film, Tea Dance and Shopping)

Bookings may be made by telephone to 726 0805 (answer phone) on or after the dates shown above. Please leave your name, telephone number and the number of seats required (please note the maximum number of seats per phone call is 4) and we will get back to you to confirm your booking.

## Cinema Dates 2010

Fridays at 7 pm:-

August 27th, September 24th, October 22nd, and November 26th.

All are welcome - Free Admission

## Table Sale Dates 2010

Saturdays at 10.30 am:-

August 21st, September 18th, October 16th (Poppies will be on sale) and November 20th.

Clear out your unwanted possessions and turn them into cash. A table costs £7 payable at the time of booking. To book for any of the dates listed above call 0151 726 0805. If you are looking for a bargain pop in for a browse and perhaps have a coffee.

# SARA Hall Weekly Events

For weekly updates, please visit <http://www.sudley.org.uk/timetable.html>

## Monday

- 09:15 - 10:00 Sure Start Session\*
- 10:15 - 11:00 Sure Start Session\*
- 11:30 - 12:30 Sure Start Session\*
- 13:45 - 15:45 Painting and Drawing for All (from 20/09/10)
- 17:30 - 18:30 Karate (age 5+ Boys & Girls) \*\*
- 18:30 - 19:30 Karate for Adults\*\*
- 19:45 - 21:00 Yoga Call Philippa - 727 3133

## Tuesday

- 10:00 - 12:00 Local History (from 28/09/10)
- 13:30 - 15:30 Tea Dance
- 17:45 - 18:45 Pilates Call Sarah - 724 2060 for details
- 19:00 - 20:00 Pilates Call Sarah - 724 2060 for details
- 20:15 - 21:15 Pilates Call Sarah - 724 2060 for details

## Wednesday

- 10:30 - 12:30 Music For Pleasure (from 29/09/10)
- 13:00 - 15:00 Craft/Card making
- 16:00 - 17:00 After School Tuition Call 07909 884612
- 18:30 - 20:00 Yoga Call Philippa - 727 3133

## Thursday

- 09:30 - 11:30 Craft
- 12:30 - 15:30 Sure Start Session\*
- 17:30 - 18:30 Karate (age 5+ Boys & Girls)\*\*
- 19:00 - 20:00 Pilates Call Sarah - 724 2060 for details
- 20:15 - 22:15 Wu Shu Kwan Call Steve - 07525 032511

## Friday

- 09:30 - 10:30 Pilates Call Sarah - 724 2060 for details
- 11:00 - 12:30 Sure Start Session\*

\* For Sure Start sessions, contact Justine Merton on 233 5399

\*\* For all Karate sessions, contact John O'Neill on 07590 309462

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