

NEWSLETTER

SUDLEY AREA RESIDENTS' ASSOCIATION

SARA Hall, Rundle Road, Aigburth, Liverpool L17 0AQ

Telephone: 0151 726 0805 Email: secretary@sudley.org.uk

Registered Charity No. 508950

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SARA Annual General Meeting

SARA welcomed guest speaker Paul King to talk at the Association's AGM on 6th June. Paul gave a very interesting talk about the history of *F W Woolworth & Co. Ltd.* He described how the owner, Frank Winfield Woolworth based in Pennsylvania, had chosen Liverpool for his first British branch. This was opened on 6th November, 1909 at 25-25a Church Street proclaiming "nothing in the store over 6d". How times have changed!

Following refreshments, SARA's AGM took place. The Chairman spoke about the previous year's activities including the adoption of Aigburth Station. He also confirmed that after lengthy negotiations, the lease on SARA Hall had been successfully renewed for a further 10 years.

The existing 11 trustees were voted in *en bloc* and of these the three Officers were re-elected to the same roles for a further twelve months.

The Chairman again asked those present to consider joining the committee reminding people that the Association can only continue with the help and support of local people.



Steven Kearney (SARA's Chairman) presenting KIND with a cheque to help fund the Spring Half-Term Club.

Friday 5th December 2014

Festive Evening

with Mike Doody
& Festive Refreshments

7pm – Tickets £3.50

Call 0151 726 0805



SARA Members Raffle

Each edition, the Trustees have decided to hold a draw from the register of members with one lucky winner receiving a £10 gift card from Liverpool One. The winner for this edition is George O'Reilly - Congratulations!

Newsletter Delivery People Wanted

The newsletter is produced twice a year in January and August. We are currently looking for help to deliver newsletters in the following roads: Birchwood Road and Fernwood Road. Please contact SARA on 0151 726 0805 if you can help.

Gated Alleyways

Both SARA and Liverpool City Council have received complaints about dogs fouling in the local area including inside gated alleyways. It is an offence under Dogs (Fouling of Land) Act 1996 for a person who is in charge of a dog, to fail to clean up after it. This behaviour is socially unacceptable and illegal. The City Council will take enforcement action against those in charge of a dog who do not clean up after it.



What's on at SARA Hall

Members of SARA Committee continue to arrange a variety of activities. Please have a look at the back page where you will find details of the remaining **day trips** for this year. These are extremely popular so if you are interested, please make a note of the booking date and make sure you phone the Hall as early as possible that day to ensure you get your seat(s).

Dates of the **Film Nights** are listed on the back page. On the 25th July we shall be showing *Philomena*, on 26th September *Saving Mr. Banks* and on 7th November *Family Plot*. Admission is free and everyone is welcome.

Table Sale dates until the end of the year are also listed. Come along, have a browse and grab a bargain! If you are having a clear-out and would like to book a table, then book early!

Check out the front page for details of our **Festive Evening** on 5th December. A fun evening of live music with singer Mike Doody. There will be a quiz and a raffle in support of KIND.

The Hall continues to be popular for a range of other activities and classes. Some continue throughout the year while others are offered on a termly basis and where appropriate start dates are included on the weekly timetable on the back page. Contact details for each group are also given.

Sure Start continues to offer two weekly sessions on Monday and Friday mornings.

Jumping Jacks holds a class on Monday mornings.

The WEA will be offering two **Painting** classes – Monday afternoon with Gordon Brown and Tuesday morning with Steve Strode. Both start a new 11 week course in September.



Karate classes for both juniors and adults are on offer on Monday and Thursday evenings.

Wu Shu Kwan is popular on Tuesdays and Thursday evenings.



The group is a large family of enthusiastic and friendly members practising an effective martial art in the pursuit of total fitness and the ultimate self-defence. New Members welcome.

A weekly **tea dance** has been running at the Hall for many years on Tuesday afternoons.

Yoga is popular on Wednesday evenings and on Wednesday mornings there are two Yoga sessions, the later one being for Chair Yoga for those who prefer a more gentle form of Yoga. Philippa is also offering a new 6 session course on Monday evenings *Mindful Yoga for Stress Relief*.

A Self-help **Craft** group continue on Thursday mornings, with new members always being warmly welcomed. Feel free to drop in for a chat and a cuppa.



Subject to demand, a 4-week **Introduction to First Aid** course will be run on Thursday afternoons.

This will cover the basics. Anyone interested should contact the Hall on 726 0805 (answerphone). There will be a nominal charge made to cover the Tutor's expenses based on the number of people in the group.



MEMBERSHIP FORM FOR SUDLEY AREA RESIDENTS' ASSOCIATION

Name:

Address:

Telephone:

Email:

Please complete this form and return to

The Secretary, SARA Hall, Rundle Road, Aigburth, Liverpool L17 0AQ

We respect your right to privacy and will keep safe any personal details that you give us in line with the UK Legislation on Data Protection.

REGISTER OF MEMBERS

Charity law requires us to keep a register of members and we are currently seeking to update this. SARA's activities are open to all without the need for membership. However, every volunteer run organisation needs supporters and anyone is eligible to join SARA.

We already have a significant number of helpers but not all have formally joined us in membership. We are now asking that you do so by completing the form opposite and sending it to **SARA Hall, Rundle Road, Liverpool L17 0AQ**. Alternatively, telephone **0151 726 0805** and leave your details on the answerphone or email these to **secretary@sudley.org.uk**

Spotlight on Aigburth People's Hall

In 1876 the Aigburth Cocoa Rooms were opened in Aigburth Vale, "the Temperance Movement's answer to the public house". In the Rooms, non-alcoholic drinks were to be sold cheaply and facilities were to be provided for reading and indoor games while "... several ladies and gentlemen... offered to supply the Rooms with newspapers".



The Cocoa Rooms became the home of the Aigburth Working Men's Association. As its popularity grew, the facilities offered by the Cocoa Rooms became increasingly inadequate and in 1898 a wealthy local business man, John Temple, made "... a generous offer to erect a new Cocoa Rooms upon a site in Aigburth Vale which would include... a Gymnasium and other rooms available for Club meetings and other parochial purposes, also the provision of a bowling green and ground for quoits... the new premises... to be vested in Trustees ...". This "kind offer" was accepted by the Cocoa Rooms Committee.

John Temple was born in Colne, Lancashire, and worked at first in the telegraph service in Leeds, Manchester and London, then joined the Atlantic Telegraph Co. on its formation in 1856. He later worked as engineer for the Malta and Alexandria and other Mediterranean cable companies. In 1865/1866 he was third engineer on the laying of the second Atlantic cable. After this, he settled in Liverpool, becoming managing director, later chairman, of the Warrington Wire Rope Works. He "... did not forget the social amenities of the city in which he lived and in 1899 he presented Aigburth with its People's Hall, a fine building covering a space of 500 square yards and standing on an acre of land adjoining Sefton Park"

Situated on a plot of land between Aigburth Vale and the perimeter of Sefton Park and near to John Temple's home in Elmswood Road, the Aigburth People's Hall was officially opened on 21st June, 1901, to afford the people of the district in John Temple's words, "... some opportunity of rational enjoyment and improvement for them and their families". According to a contemporary newspaper article "It is desired that in the Hall the people of the district, shall at the close of their day's toil find a congenial rendezvous where they may exploit their wit, discuss amongst themselves the topics of the day, play games - bowls, billiards, quoits, draughts, chess etc., smoke if they like, and in short, do everything which they would feel at liberty to do in... a public house, except partake of intoxicating liquors ..." The Hall, non-sectarian and its membership open to all, was run by local residents. In 1951 it was advertised as offering such activities as "Billiards, Bowls, Football, Whist Drives, Table Tennis, Socials, Concerts, Film Shows, Reading Room, Winter Classes in Cultural Subjects, Women's Guild". At that date, annual membership subscriptions were 12/6d for men and 7/6d for women.

Today the Aigburth People's Hall continues to offer a range of activities.

Marie Curie's Walk Ten comes to Liverpool's Speke Hall

Marie Curie have announced that this year, for the first time, their flagship Walk Ten event will take place at Liverpool's iconic Speke Hall.

On Saturday 16th August, everyone is invited to put on their walking shoes, pack a picnic and enjoy the experience of having exclusive evening access to the grounds of this beautiful Tudor mansion.

This exciting event starts at 6.30pm and following the walk families can tuck into their picnics whilst enjoying a festival atmosphere with activities for all ages including live music, fireworks and a live performance from the Rock Choir.

Registration is £10 per person (children under-16 go free; on the night adult registration is £20) and everyone who takes part is encouraged to raise as much as possible in support of Marie Curie. By signing up for Walk Ten at Speke Hall and raising funds, you'll be helping to make it possible for Marie Curie to provide more care to terminally ill people and support to their families at the Liverpool hospice, and the Marie Curie Wirral Nursing Service.

Register now for your Walk Ten at www.mariecurie.org.uk/walkten or for more information call **0845 052 4184**.



Over 50's Sports Day at Sefton Park

A fun filled over 50's Sports Day at Sefton Park is taking place on Monday 11th August from 12 noon to 4 pm. Meet new people and take part in a range of fun activities and games designed to improve coordination, balance, strength and flexibility such as bowling, relay races and agility courses! The event itself will be opened by Gerard Woodhouse, the Liverpool Mayoral Lead for Older People. The event itself is free, but registration is required to attend. To confirm a place, please ring Healthiness Ltd at **0151 728 8874** or Wheel Meet Again on **0151 708 0435**

**PARTY TIME
AT S.A.R.A. HALL**

**Hold your children's parties
at S.A.R.A. Just £30 for 2
hours and £6 per hour
thereafter.**

0151 726 0805

Day Trips for 2014

<u>DATE</u>	<u>DESTINATION</u>	<u>COST</u>	<u>BOOKING DATE</u>
Tue 26th August	Windermere (Includes cruise on lake Windermere)	£22.00	Tue 5th August
Wed 24th September	Mold Market and Llandudno	£13.00	Wed 3rd September

Bookings may be made by telephone to 726 0805 (answerphone) on or after the booking date shown above. Please leave your name, telephone number and number of seats (max 4 seats per call) and we will get back to you to confirm.

Table Sales 2014



Saturdays at 10 am:

*16th August, 20th September,
18th October and 15th November*

Tables £7 / Admission 20p

A table costs £7 payable at the time of booking. To book for any of the dates listed above call 0151 726 0805. If you're looking for a bargain pop in for a browse and a coffee.

Film Nights 2014



Fridays at 7pm:

*25th July, 26th September
and 7th November*

All welcome - Free Admission

Films start at 7pm prompt with a half-time interval where refreshments are available. Film details can be found on the main entrance and the notice board at SARA Hall

S A R A H a l l W e e k l y E v e n t s

For weekly updates, please visit <http://www.sudley.org.uk/timetable.html>

Monday

09:15 - 10:15 Sure Start Session
10:30 - 11:30 Jumping Jacks
13:45 - 15:45 Passion for Painting (starts 22nd Sept)
17:30 - 18:30 Karate (age 5+ Boys & Girls)
18:30 - 19:30 Karate for Adults
19:45 - 21:15 Mindful Yoga for Stress Relief (starts 8th Sept)

Tuesday

10:00 - 12:00 Learn to Paint with Acrylics (starts 23rd Sept)
13:30 - 15:30 Tea Dance
19:30 - 21:30 Wu Shu Kwan

Wednesday

09:30 - 11:00 Gentle, Mindful Yoga
11:15 - 12:15 Chair Yoga
18:30 - 20:00 Yoga
20:15 - 21:15 SARA Trustee Meeting (1st Wed. of the month)

Thursday

09:30 - 11:30 Craft
17:30 - 18:30 Karate (age 5+ Boys & Girls)
19:00 - 22:00 Wu Shu Kwan

Friday

10:00 - 11:00 Sure Start Session

Saturday

10:00 - 12:00 Cllr. Hurley's Surgery (1st Sat. of the month)

Class contacts:-

Sure Start on 0151 233 5399
Jumping Jacks contact Lucie Campbell on 0151 487 5757
Painting Classes contact the WEA on 0151 243 5340
Karate contact John O'Neill on 07590 309462
Yoga contact Philippa Bellis on 0151 727 3133
Wu Shu Kwan contact Steve Bishop 07525 032511