

NEWSLETTER

SUDLEY AREA RESIDENTS' ASSOCIATION

A charitable incorporated organisation, registered charity no. 1190529

SARA Hall, Rundle Road, Aigburth, Liverpool L17 0AQ

Telephone: 0151 726 0805 Email: secretary@sudley.org.uk



April 2022 Issue 44

You are invited to attend our ANNUAL GENERAL MEETING

**to be held at SARA Hall on
Friday 10th June 2022 at 7pm**

*with guest speaker Mike Farnworth
who will present a talk with slides on*

Welsh Liverpool and The Liverpool Welsh

A talk about the strong connections between Liverpool and Wales. It looks at the Welshness of Liverpool the place: as village, then town, then city, over two thousand years, and sets this in the context of Welsh history generally.

It also looks at the arrival and rapid growth of the Welsh-speaking community which developed in Liverpool during the boom years of the Nineteenth Century. Large numbers of The Liverpool Welsh still live in the city, although not so many of them speak *Yr Hen Iaith* nowadays.

Wine, tea, coffee and cake will be served before the business of the AGM when the Chairman will give an overview of the 2021/22 annual report and accounts along with a look at SARA's plans for the next twelve months. The event is free but for catering purposes, please call **0151 726 0805** for tickets.



Mandarin Duck
in Sefton Park

SARA HALL DEFIBRILLATOR

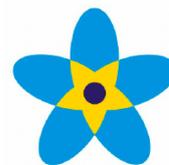
Over the last ten years, the SARA committee has made numerous attempts to secure a defibrillator for SARA Hall. After several unsuccessful funding bids with a variety of organisations, we are delighted to confirm funding has been secured from Liverpool City Council's Mayoral Neighbourhood Fund along with the support of Cllr. McAllister-Bell and the defibrillator charity 'London Hearts'.



**Liverpool
City Council**

The defibrillator will be installed outside SARA Hall in a locked cabinet. Once installed, the access code will be held by the emergency services and can be retrieved by calling 999.

It should be noted that SARA Trustees and session leaders will **not** have the access code for the cabinet. **In an emergency, the only means of accessing the defibrillator will be by calling 999.** We will provide a further update in the next edition when we hope the equipment will have been installed.



**Dementia
Friends**

An Alzheimer's Society initiative

Friday 6th May 2022 at 7pm

Join us at SARA Hall for a free interactive information session to learn how dementia affects a person and what you can do to make a difference. The hour-long session is open to everyone and will be followed by tea and biscuits. Please call **0151 726 0805** to reserve your place.



COVID-19 UPDATE

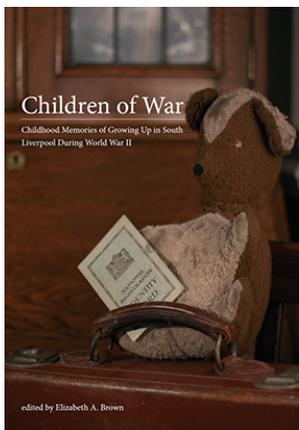
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To keep everyone safe at SARA Hall, we are maintaining the requirement that anybody testing positive for COVID-19 or showing symptoms of COVID-19 must not enter the building.

We continue to provide hand sanitiser at all entrances and anti-bacterial surface sprays.

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Children of War Book



FREE copies of our book *'Children of War: Childhood Memories of Growing Up in South Liverpool During World War II'* are still available by calling **0151 726 0805**. Please leave your name and address on the answerphone.

Members' Raffle

Congratulations! Our members' raffle winner for this edition is **Jason** from **Hillview**. Jason wins a £10 gift voucher. To be entered into our members' raffle, all you have to do is become a member of SARA - see the membership form below.

MEMBERSHIP FORM FOR SUDLEY AREA RESIDENTS' ASSOCIATION

Name:

Address:

Telephone:

Email:

Please complete this form and return to

The Secretary, SARA Hall, Rundle Road, Aigburth, Liverpool L17 0AQ

We respect your right to privacy and will keep safe any personal details that you give us in line with the UK legislation on Data Protection. NB Members are registered until we are told otherwise - it is not necessary to complete a new form every year.

The Roads of Sudley Area by Geoff Woodcock

Many historians have investigated place names (Sudley – south pasture: Aigburth – Oaktree hill) but what is the background to our Sudley area street names? So far, I have identified about a dozen names in this area with interesting backgrounds.

Two possible themes have emerged: Irish towns and, more interestingly, the names of Victorian Generals and British Colonial Administrators.

Brabant This word is the name of a province in the Netherlands but it is also an interesting English family name. The most likely road link here could be to a prestigious family. In England, the surname Brabant is associated with the Norman Conquest; the original Norman family had a manorial estate in Kent. Later some of the Brabant family moved to Ireland, the West Indies and the United States. Bearing in mind some of the other road names in our area, a historical military link would seem to be the most likely in naming this road. The most eminent of these would seem to be Major General Sir Edward Yewd Brabant KCB (1839 -1914) who was a military commander in South Africa.

Bundoran A town in County Donegal, Ireland, with a population of about 2,000. This is the town to which the road name might obviously be linked. Apart from being named the "Brighton" of Ireland, there seem to be no notable people linked with the name or the town.

Cromer Although the name Cromer links to another traditional seaside resort in north Norfolk, Cromer, as a surname, is also important. It was most probably chosen to name the road after the first Earl of Cromer. He was Evelyn Baring Cromer (1841-1917) who was a British statesman, diplomat and colonial administrator and finally became British Controller General in Egypt in 1879. The only local link discovered between the Earls of Cromer is that, like the Earls of Derby, they held the title Master-Forester of Wirral.

REGISTER OF MEMBERS

Charity law requires us to keep a register of members and we are currently seeking to update this. SARA's activities are open to all without the need for membership.

However, every volunteer-run organisation needs supporters and anyone is eligible to join SARA.

We have a significant number of helpers and supporters but not all have formally joined us in membership, so we are now asking that you do so by filling in the form opposite and sending it to **SARA Hall, Rundle Road, Liverpool L17 0AQ**. Alternatively call **0151 726 0805** and leave your details or email these to **secretary@sudley.org.uk**

NEW SESSIONS



Drama Adventures - ages 8-11 (school years 3-6) **Thursday 5 - 6 pm from 28th April 2022**

Explore imaginary worlds, share stories and play games but with an added sprinkle of theatre skills to develop even more confidence in creating and performing as your child matures. Led by welcoming, experienced and professionally qualified Drama teachers, Laura and Chantal. Booking essential. For details email info@teenytinytheatre.org



CHAIR YOGA

Chair Yoga (Gentle Years Yoga) **Thursday 1 - 2 pm from 28th April 2022**

The chair based Yoga class will be starting up again on Thursday April 28th at 1pm under the direction of Yoga teacher Carole Griffith. Gentle Years Yoga with the British Wheel of Yoga is aimed at Yogis aged 65 to 95 who are keen to maintain their health and independence of mind and body. Carole who runs Yoga for Healthy Lower Backs at SARA Hall is currently undertaking extra training for this new course and she will be assessed at a few of the classes later in the Summer and Autumn.

For more details, please call **Carole Griffith** on **07748 260353** or email crlgrffth@gmail.com



Local History with Alan Makin **Wednesday 1.30 - 3.30pm from 4th May 2022**

Local history teacher Alan Makin returns for a new ten-week course on Wednesday 4th May at 1.30pm studying various aspects of the local history of South Liverpool.

For more details, please call **Alan Makin** on **07847 934546** or e-mail amakin2@blueyonder.co.uk

Sudley Singers



Have you heard of Sudley Singers...?

Sudley Singers is a vibrant bunch of adults with learning disabilities who love to sing their favourite songs and sometimes have a little dance too!

This fun activity has a great mix of people who each bring to the group their wonderful vocal skills and twinkle toes!

No experience is necessary though booking is essential.

The group meets at SARA Hall on Wednesdays 7.30-8.30pm. For details send an email to

sudleysings@gmail.com or leave a message on the SARA answerphone **0151 726 0805**

EVERYONE'S AIGBURTH

In addition to their weekly food club, **Everyone's Aigburth** on the corner of Woodlands Road and Aigburth Road, has introduced two new initiatives.

On the **second Tuesday of the month** between **2.30 and 3.30pm**, you can help reduce plastic waste by refilling your laundry detergent bottle (£3.20 per litre, £1.60 per half litre) - don't forget to bring your empty bottle with you! At the same time, a free book exchange is available where you can bring some books along to swap for ones you haven't read. For more details, email: everyonesaigburth@gmail.com

Laundry Refill



Second Tuesday of the Month
2:30-3:30pm



Book Exchange



Second Tuesday of the Month
2:30-3:30pm



WALL TIME TABLE

visit www.sudley.org.uk for updates

Monday

09:15 - 10:15 Nicola Parker Pilates
13:30 - 15:30 Gordon Brown's Art Class
17:30 - 19:00 Aigburth Shotokan Karate Club
20:00 - 21:00 Nicola Parker Pilates

Tuesday

09:30 - 11:30 Private Group
13:30 - 15:30 Tea Dance
17:30 - 18:45 Yoga for Healthy Lower Backs (Carole Griffith)
19:30 - 21:30 Wu Shu Kwan Kung Fu

Wednesday

10:00 - 12:00 Aigburth Methodist Place of Welcome
13:30 - 15:30 Local History with Alan Makin (Starts 4/5)
17:30 - 18:30 Aigburth Shotokan Karate Club
19:30 - 20:30 Sudley Sings

Thursday

09:30 - 11:30 Craft
13:00 - 14:00 Chair Yoga (Carole Griffith) (Starts 28/4)
16:00 - 17:00 Drama Adventures for ages 5-7
17:00 - 18:00 Drama Adventures for ages 8-11 (Starts 28/4)
19:00 - 20:30 Yoga (June Bradshaw)

Friday

10:00 - 10:45 Private Group
14:00 - 15:00 SARA Trustees Meeting (1st Fri. of month)

Saturday

10:00 - 12:00 Councillor Hurley's Surgery (1st Sat. of month)

Sunday

10:30 - 11:30 Aigburth Methodist Church (not 1st Sunday)

Session Contacts:-

All Pilates sessions contact Nicola Parker on 07913 668599
Gordon Brown's Art Class contact Gordon on 07808 669655
Aigburth Shotokan Karate contact John O'Neill on 07590309462
Tea Dance contact Valerie Jefferies on 07860 178101
Yoga with Carole Griffith contact on 07748 260353
Wu Shu Kwan Kung Fu contact Steve Bishop on 07525 032511
Aigburth Methodist contact Carolyn Munro on 07950 979131
Local History contact Alan Makin on 07847 934546
Sudley Sings email sudleysings@gmail.com
Drama Adventures email info@teenytinytheatre.org
Yoga with June Bradshaw contact on 07772 892353

For all other enquiries, please call SARA Hall on 726 0805

SARA DAY TRIPS

We're delighted to announce the return of our day trips, the first of which goes to Llandudno on Tuesday 26th April. As we go to print, there are a small number of spaces left for Llandudno, if you're interested please call the number below. Our further trips are as follows:-

Thursday 14th July 2022

KESWICK (Market Day)

Coach leaves at 8.30am Cost £16
(booking on 23rd June 2022)

Thursday 15th September 2022

FRODSHAM MARKET & CHESTER

Coach leaves at 9am Cost £14
(booking on 25th August 2022)

Places can be booked by calling 0151 726 0805 (answerphone) on or after the booking date shown.

ALL COACHES DEPART FROM AIGBURTH ROAD
(Lay-by outside St Anne's Church)



SARA Community Cinema

7pm on the following Fridays

29th April, 27th May,
24th June, 29th July and
30th September 2022

Cinema evenings are **FREE** to attend and refreshments will be on sale during the interval. For film details, check the noticeboard at SARA Hall or call SARA on 726 0805



DISCLAIMER: The publishers accept no responsibility for misinformation or incorrect spelling therein. All articles and information are accepted on individual merit and in good will.